

# **Tahosa High Adventure Base**

# **Sawtooth**

## **"Year of the Mountain Lion"**



## **2019 Program Guide**



**BOY SCOUTS OF AMERICA®**  
DENVER AREA COUNCIL

*Updated 2/17/19*

# **Sawtooth Program Guide**

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# **Sawtooth Program Guide**

## Welcome to Tahosa High Adventure Base

Welcome to the 2019 EaglePoint Program Guide. In the coming months leading up to your summer camp stay, there will be many meetings, new Scouts, new skills learned, and a build-up of excitement. All of this will lead to the highlight of many of your Scout's year; a week at summer camp with their friends, making new friends, and the making of lifetime memories.

**"A week of camp life is worth six months of theoretical teaching in the meeting room."  
-Lord Robert Baden-Powell**

The objective of a Tahosa's summer camp is to prepare each Scout to make ethical and moral choices over their lifetime by instilling in them the values of the out-of-doors through learning, experiencing, and applying their Scouting skills.

Tahosa is one of the best Scout camps in the country and we are a Nationally Accredited Camp by the Boy Scouts of America. Tahosa was also recognized as one of the top eight camps to attend in the 2017 Boy's Life. Here the Scouts can excel in furthering their Scouting ideals, embodying enthusiasm, and receive the best program possible. These traits, paired with the scenic Colorado landscape, create countless, memorable adventures for Scouts and Scouters.

To help you prepare your Scouts and leaders for this great experience, we have put together this Program Guide to help to get ready for camp and the day-to-day operations. Please also take a look at our PV and Tahosa Leader's Guide. It is our hope that everything your troop needs to know prior to coming to Tahosa can be found in these resources.

My name is Toni Lyman and I am honored to return as your 2019 Camp Director. I have a Masters in Curriculum Design with 30 years of teaching 6-8 grade science and math. I have been a Scouter since my son was a Webelo. Since becoming a Scouter, I have worked or helped with Okpik and Klondike, taught the First Aid Merit Badge, attended Outdoor Leader Training, served as the Tahosa Camp Director in 2015 and 2016, planned week-long canoe trips, and served as Scoutmaster for summer camp and troop outings. My husband, Marc and I have lived at Tahosa for over 10 years. The camp staff and I are looking forward to working with you and your troop this summer at Tahosa High Adventure Base.

Thank you for your decision to join the Denver Area Council and the Camp Tahosa family for your summer camp experience. We are proud to be a part of your troop's summer plans and we look forward to seeing you in our little piece of paradise.



See you at Tahosa!

Tonia Lyman

Camp Director

[Tonia.Lyman@Scouting.org](mailto:Tonia.Lyman@Scouting.org)

303-440-4040

# ST Sawtooth Program Guide

## Welcome from the Program Director

Hello! My name is Sasha Newby, and I will be serving as EaglePoint Program Director for Tahosa High Adventure Base for the 2019 season! I started my summer camp staffing experience in 2015 at Peaceful Valley Scout Ranch as an Area Director but fell in love when I came to Tahosa as the EaglePoint Lead/Commissioner last year. I am currently studying Art Education at the University of Northern Colorado thanks to the Madden Merit Scholarship from the Denver Area Council. I also have been a Resident Assistant for my school for the past two years as well! I'm ready for our summer shenanigans to begin!



See you at Tahosa!

Sasha Newby

EaglePoint Program Director

Sasha.Newby@Scouting.org

## Welcome from the Trek Program Director

Hello! My name is Sarah Larson and I am the Trek Program Director this summer. My staff and I are prepared to offer an outstanding program. Combined, we have over 15 years of camp staff experience and have spent countless years in the outdoors backpacking and hiking.

The Indian Peaks and James Peak Wilderness Areas are amazing places to spend time trekking around. Alpine Adventure offers the unique experience to hike to the top (if not over) the continental divide and see beautiful lush wildlife. While on the trail, we'll be learning and applying the appropriate skills to stay safe and have fun in the backcountry. I hope that the you join us in creating a new adventure for your summer!

If you have any questions prior to your trek, please feel free to reach out!



Happy Trails!

Sarah Larson

Trek Program Director

Sarah.Larson@Scouting.org

## Additional Camping Department Contacts:

<b>Tahosa High Adventure Base:</b> Tahosa Office: 303-440-4040 Camp.Tahosa@Scouting.org 173 County Road 96 Ward, CO 80481	<b>Registration:</b> Camping Registrar MaryAnn Romero MaryAnn.Romero@Scouting.org 720-266-2111
 <b>Tahosa High Adventure Base:</b> Ranger Marc Lyman Marc.Lyman@Scouting.org 303-440-4040	 <b>Camping Department Support:</b> Camping Specialist John Braselton John.Braselton@Scouting.org 720-266-2128



# Sawtooth Program Guide

## About Camp Tahosa

Tahosa High Adventure Base is located on the Front Range of the Rocky Mountains at nearly 9,000 feet in elevation, making it among the highest Scout camps in the United States. The land of Tahosa, is on the edge of a life zone that supports permanent habitation, but as one passes above timberline, man and other wildlife are only infrequent visitors. The camp consists of 320 acres of mountain terrain, and sits northwest of Boulder, Colorado and about 60 miles northwest of Denver, Colorado and 2.5 miles north of the town of Ward.

Driving into the entrance of Camp Tahosa, one senses a change, passing through a boundary between city life and the great outdoors. The Tahosa sign marks this transition, proudly hanging in grand style atop a large log gateway. Five unique programs run out of Tahosa High Adventure Base during the summer months: EaglePoint, Sawtooth, Alpine Adventure, Tahosa Mountaineers (provisional camp), and NYLT.



## History of Tahosa

Legend has it that long ago a Ute Chief, Ogallala, sent his only son, Tahosa in search of new lands. He discovered the magnificent peaks and valleys that today we know as the Indian Peaks Wilderness Area. The Utes inhabited this region for a long time with very little interference other than the occasional trapper or settler.

The first owners of our parcel were Frances M. Edmondson and Silas T. Tumbleson, who purchased neighboring parcels in 1899. In 1917, Tom Hussie purchased the property from Martha Tumbleson for one dollar including the water rights, lake, and all buildings.

The Hussies continued running the fishing resort until August 1929 when they sold it to Mel Gelwicks. Mel Gelwicks built the first stone buildings on the property.

In May 1931, Stoney Point Lodge on Tumbleson Lake became a mountain resort that included fishing, a dance hall, dining room, and rental cabins. However, the great depression was a tough time to be running a recreational resort and Mr. Gelwicks sold Stony Point Lodge back to Lulu Hussie in 1933.

In May 1938, the Denver Area Council purchased the property, and Stony Point Lodge became Denver's Rocky Mountain Scout Camp. During its first decade of operation as a Scout camp, the property went through a variety of changes. First construction of the rustic campsites, as well as the first campfire ring. Then building of the different program areas, and finally in 1942 the name of the camp changed from Denver's Rocky Mountain Scout Camp to Camp Tahosa.

During the decade between 1948 and 1961, Camp Tahosa grew dramatically. This was a great time in the history of the camp. By 1955, Tahosa had exceeded the stated capacity of 1,600 boys per season, out-growing the available space. In 1961, the Denver Area Council purchased the land for Peaceful Valley Scout Ranch in Elbert County and began slowly relocate the primary summer camp operation to the larger camp. This process continued steadily through 1981, when the last summer of a traditional summer camp was held at Tahosa.

From 1981 until today, the Denver Area Council has changed the nature and scope of programs at Tahosa. Our goal has been to maximize the use of the land, while at the same time giving it time to rest and rejuvenate. Camp Tahosa is used for summer camp, weekend camping, training sessions, and high adventure operations including COPE and Okpik.

# ST Sawtooth Program Guide

## Scouts BSA 11-Day Meetings & Camp Paperwork Submission

Due to new State of Colorado Child Care Facility requirements, all paperwork for youth and adult campers **MUST** be turned into the Council 11-days prior to the camper's arrival at the camping facility. At this meeting, the Camp Administration will be present from each camp to include Camp Directors, Health Officers and Food Service Managers. Additionally, the Camping Registrar will be present to take any remaining fees. You can also ask questions about camp at this meeting.



Links to all forms can be found on each camp's website page on the right-side bar.

[www.DenverBoyScouts.org/Camps](http://www.DenverBoyScouts.org/Camps)

### Youth Camper Paperwork Checklist (Each Camper)

- ☐ BSA Medical Form Parts A, B and C
- ☐ Copy of insurance card
- ☐ Colorado Addendum: Immunizations
- ☐ Colorado Addendum: Contract to Carry (for those that carry emergency medications)
- ☐ **NEW Colorado Addendum: Additional Information**
- ☐ Medication Administration chart filled out (if applicable)
- ☐ Special Diet Request form (if applicable)

### Adult Camper Paperwork Checklist (Each Camper)

- ☐ BSA Medical Form Parts A, B and C for adults at camp for a total of more than 72 hours for the week (If you come every day, and leave every night you still need part C.)
- ☐ BSA Medical Form Parts A & B for Magness and WEST adults and Scouts BSA adults who are staying less than 72 hours for the entire week.
- ☐ Copy of insurance card
- ☐ Respective camp Adult Leader Reference Form
- ☐ Special Diet Request Form (if applicable)

### Whole Unit Paperwork Checklist

- ☐ Swim Classification Record (if done prior to camp)
- ☐ Unit roster for youth and adults attending
- ☐ Check (made out to Denver Area Council) for any unpaid registration fees

Camp Date	11 Day Meeting	Suggested Postmark Date if Mailing Paperwork
June 9-15	May 29	May 20
June 16-22	June 5	May 27
June 23-29	June 12	June 3
June 30-July 6	June 19	June 10
July 7-13	June 26	June 17
July 14-20	July 3	June 24
July 21-27	July 10	July 1

All meetings are at the Hamilton Scout Headquarters (10455 W. 6<sup>th</sup> Ave, Denver, CO 80215) and are from 5:30-7:30 in a drop-in style meeting.

### Can't Make the Meeting?

Mail your paperwork to:

Summer Camp Paperwork  
10455 W. 6<sup>th</sup> Ave, Suite 100  
Denver, CO 80215

**DO NOT MAIL PAPERWORK  
DIRECTLY TO THE CAMP!**

**Questions? John Braselton, Camping Specialist**  
[john.braselton@scouting.org](mailto:john.braselton@scouting.org) 720-266-2128

# **Sawtooth Program Guide**

## Check-In at Camp Tahosa

- **Check in**
  - Please plan to arrive at Tahosa between 1:00 and 2:00 pm. Please do not arrive before 1:00 pm and if you need a different check in time, please email [Tonia.Lyman@Scouting.org](mailto:Tonia.Lyman@Scouting.org). Please park in the lower parking lot, which is the second entrance on the left. The camp staff will meet you and your Scouts.
- **First Day at Tahosa**
  - Staff will meet and greet you in the lower parking lot (second left off of CR 96) where they will escort you to your campsite.
  - Start your campsite set-up and the camp host staff will then take you to the flagpole for a picture. At this time **please bring all medications, this includes prescription and over the counter, and any other paperwork with you.**
  - Med forms will be returned to the Scoutmaster and the Scouts will start their medical recheck.
  - Swim checks and a tour of Tahosa will follow.
  - There will be a Scoutmaster and SPL meeting after check-in. Please plan to attend for important information.
  - **All persons on property are required to attend the Safety and Security Talk on the first day.** This talk will follow dinner on Sunday so please have the troop stay around the dining hall and they will be instructed on what to do.
- **Merit Badge Schedules**
  - Please print off your merit badge schedules from Doubleknot. We are unable to print and produce copies at camp.
  - Changes, if needed be will be worked out at the Scoutmaster and SPL meeting.
- **Visitors and Late Arrivals**
  - **All** visitors (including day-only visitors and merit badge counselors who are only up for the day) must check-in at the Welcome Center or the Health Lodge upon arrival.
  - Visitors are required to pay for meals during their visit.
- **Safety and Security**
  - **All** campers and adults must wear a wristband for identification while they are at Tahosa for their week stay.
  - The property gates are secured at night between 10:00 pm and 5:00 am. Nobody can leave or enter during this time.

## Sunday Schedule

1:00-4:30 pm	Meet Trek Guide/Campsite Host, Set-Up Camp, Troop Photo, Medical Re-check, Swim Check, and Camp Tour
4:30-5:30 pm	Scoutmaster and SPL Meeting
5:50-7:00 pm	Flags, Dinner
7:10-7:30 pm	Safety & Security Talk Meet in the Upper Parking Lot
7:30-8:00 pm	Chapel
8:00-9:00 pm	Opening Camp Fire

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## Check Out

Breakfast will be served at the dining hall between 7:00-8:00 am Saturday morning. Troops can pack up equipment before and after breakfast. Remember that another troop will be using the campsite after you have leave, so please be courteous to your fellow Scouts and leave the campsite in excellent conditions. Units will need to complete the following tasks listed below:

### Check-out Process:

- Saturday morning **clean** your campsite: Patrol lines, latrine, sweep lodge, fill wood box
- Vehicles may be moved to the campsite for packing of personal and troop equipment
- Campsite inspection with Trek Guide/Campsite Host
- Trek Guide will then radio the Camp Director and Program Director for final paperwork availability

### Check-out packet will contain the following:

- Merit Badge completion reports-NCR copies
  - Note-each Scoutmaster should review all records, discrepancies are best corrected by the Area Directors, rather than once you are home
- Camp patches will be issued
- Troop medication will be handed out by the Health Officer at the Health Lodge

## Check-Out Schedule

6:45-7:00 am	Flags and Daily Information
7:00-8:00 am	Continental Breakfast
8:00-9:30 am	Campsite clean-up
	Scoutmaster final check out at the Welcome Center
	Medication Pick up at the Health Lodge





# ST Sawtooth Program Guide

## Family Night

Family and friends are welcome to come and visit on Friday night! **Please inform the Camp Director or designee by Sunday dinner of the number of visitors attending.** Visitors should plan to arrive between 4:00 pm and 6:00 pm and stay through campfire which ends around 9:00 pm. Friday night is the beach party with a **"Jungle Theme"**. We ask that all family members sign-in at the Welcome Center for safety reasons. The cost of dinner is \$8.00 per person. Tickets can be purchased at the Trading Post and a **wristband** will be handed out to all



participants that pay. The wristband is your ticket to the dining hall to join us for the meal. Families that wish to stay overnight are welcome but must bring their own gear. They must also have Medical Form Parts A & B. **No campers or trailers.** If staying overnight, the fee is \$20 per person and includes Friday dinner and Saturday breakfast.

### Family Night Schedule

Time	Activity	Location
4:00-6:00 pm	Check-in/buy meal tickets	Welcome Center/Trading Post
6:00-7:30 pm	Dinner/Beach Party	Dining Hall and Waterfront
7:00-8:00 pm	Trading Post	Trading Post
8:00-9:00 pm	Closing Campfire	Amphitheater/meet at flagpole



## Trading Post

Our trading post will be able to help supply you with most of your needs while at Tahosa. We have camping gear, knives, souvenirs, and Tahosa apparel. Most Scouts find \$50-\$100 covers their souvenirs and snacks for the week. The trading post accepts most major credit cards, personal checks and cash. Hours will be posted at camp. Below are some of the class kits and fees.

ITEM	MERIT BADGE	PRICE not including tax
COPE Fee	COPE	\$15.00
First Aid Fee	First Aid	\$5.00
Compasses	Orienteering	\$5-10.00
Pioneering Fee	Pioneering	\$5.00
Wilderness First Aid Cert	Wilderness First Aid	\$40.00
Emergency Blanket	Wilderness Survival	\$3-5.00

# ST Sawtooth Program Guide

## Youth Protection Information



**It is required that all adults attending camp have taken the Youth Protection Training.**

Colorado Law and BSA policy mandates that camp staff, adult volunteers and all other members of the Boy Scouts of America are mandatory reporters of suspected child abuse and neglect. Abuse can include adult on youth and youth on youth contact.

While we do not wish or anticipate any abuse to occur at camp, in rare instances it happens. Please follow the guidelines below.

### **If you suspect child abuse or neglect at summer camp:**

You are a mandated reporter as a member of the Boy Scouts of America. You must take the following steps. You may not designate someone else to do this for you. Child abuse or neglect suspicions can be from home (and noticed while at camp) or can occur at camp from adult on youth or youth on youth scenarios.

- 1. Ensure that everyone is safe before doing anything.**
- 2. Notify the Camp Director and/or Ranger immediately.** They can assist you in this process, but you must still make the report.
- 3. Notify the local Law Enforcement Agency**

Camp Tahosa: Boulder County Sheriff's Office 303-441-4444 or 911

- 4. Notify the Colorado Department of Human Services.** 844-CO-4-KIDS
- 5. Notify the Boy Scouts of America.** SCOUTS FIRST Helpline 844-726-8871

The Denver Area Council, Boy Scouts of America operates summer camping programs that are licensed by the Colorado Department of Human Services. The license indicates that the program has met the required standards for the operation of a child care facility. The current license and most recent inspection is available for review in the camp office at both Camp Tahosa, Peaceful Valley Scout Ranch and the Council Service Center.





Additionally, if you would like to file a complaint about Tahosa High Adventure Base (License #25517) as it relates to Colorado Child Care Facility regulations, please contact the Colorado Department of Human Services, Office of Early Childhood at 303-866-4511.

We all play a role in preventing **child abuse and neglect.**



**1-844-CO-4-KIDS**  
(1-844-264-5437)

# IN AN EMERGENCY WHEN YOU HEAR IT. DO IT.

 <p><b>Lockout</b></p>	<p><b><u>LOCKOUT! SECURE THE PERIMETER!</u></b>  <b>RADIO/STAFF ANNOUNCEMENT ONLY. NO SIREN.</b></p> <ul style="list-style-type: none"> <li>• Hikes/Cycling return to main camp area.</li> <li>• Do not travel between upper and lower camp.</li> <li>• Nobody can leave the property.</li> <li>• Property gates are locked.</li> <li>• Business as usual.</li> </ul>
 <p><b>Lockdown</b></p>	<p><b><u>LOCKDOWN! RUN! HIDE! FIGHT!</u></b>  <b>SHORT WAVY SIREN. (Flat “Evacuate Area” siren for all clear, assemble)</b></p> <ul style="list-style-type: none"> <li>• If possible, attempt to move away from threat by running into woods with a buddy or small groups.</li> <li>• If running is not possible, find a place to hide. Lock doors, turn off lights, stay silent and out of sight.</li> <li>• As a <b><u>last resort</u></b> and only if your <b><u>life is in danger</u></b>, do what you can to protect yourself.</li> </ul>
 <p><b>Evacuate</b></p>	<p><b><u>EVACUATE AREA! REPORT TO ASSEMBLY POINT!</u></b>  <b>FLAT LONG SIREN.</b></p> <ul style="list-style-type: none"> <li>• Gather nearest personal belongings.</li> <li>• Report to the <b>Upper Parking Lot</b>. If unavailable, secondary location: Lower Parking Lot</li> <li>• <b>STAY OFF THE ROADS. USE TRAILS.</b></li> <li>• Group with unit.</li> <li>• Remain silent and follow directions.</li> <li>• <b>UNIT LEADER</b> take roll of unit, report using card system.</li> </ul>
 <p><b>Shelter</b></p>	<p><b><u>SHELTER!</u></b>  <b>HEAVY RAIN/HAIL – RADIO/STAFF ANNOUNCEMENT – No Siren.</b></p> <ul style="list-style-type: none"> <li>• Take shelter in nearest building or tents. Stay inside, or undercover.</li> <li>• Do not walk in open areas.</li> </ul> <p><b><u>LIGHTNING/THUNDER STORM - RADIO/STAFF ANNOUNCEMENT – No Siren.</u></b></p> <ul style="list-style-type: none"> <li>• Take shelter in nearest building. Stay inside, or under cover.</li> <li>• Do not walk in open areas –return to main camp area.</li> </ul>



# Wilderness Wisdom Program Information







# ST Sawtooth Program Guide

**Wilderness Wisdom** is a new program that will include: a Wilderness First Aid certification, Search & Rescue Merit Badge, Geocaching Merit Badge, Signs Signaling and Codes Merit Badge and ending in a final scenario that would include an overnight while working together to search, rescue and treat. Many merit badges have requirements that overlap. First aid is found in every merit badge, keep that in mind the Scout learns Wilderness First Aid will be the biggest benefit to your troop. How many outings does your troop take that is not close to a medical facility? We encourage any Scouters interested in this to tag along. There is the **Wilderness First Aid Fee of \$40.00** if the Scout would like to carry and have a certification. The certification will last 2-years from the date issued. **If Scouts sign up for this program, they will not have time to sign up for any other merit badges.**

This program is intended to work on a few merit badges while using the learned skill and applying the skill in a practical application.

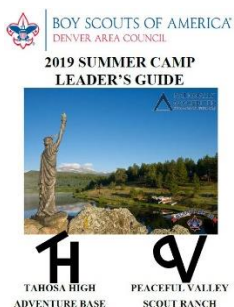
 <p>Communication</p>	<p><b>Prerequisites:</b> None</p> <p><b>Requirements Not Covered:</b> 3,4,5, &amp; 7</p> <p><b>Additional Info:</b> Scouts have more emphasis on the communication and record keeping for this part of the Wilderness Wisdom. If time allows the Scout may work on a few more of the requirements.</p>
 <p>Geocaching</p>	<p><b>Prerequisites:</b> 7</p> <p><b>Requirements Not Covered:</b> 9</p> <p><b>Additional Info:</b> Scouts will complete the Geocaching course here at Tahosa. The cache will include first aid materials that will be needed later during the week.</p>
 <p>Search &amp; Rescue</p>	<p><b>Prerequisites:</b> 10</p> <p><b>Requirements Not Covered:</b> 4, 6a</p> <p><b>Additional Info:</b> Scouts will have a final scenario practicing the Incident Command Center and work on an Incident Action Plan.</p>
 <p>Signs, Signals &amp; Codes</p>	<p><b>Prerequisites:</b> None</p> <p><b>Requirements Not Covered:</b> None</p> <p><b>Additional Info:</b> Communication is an important tool when searching for a lost person or being lost yourself. There are many ways to communicate and Scouts will be learning several ways to notify fellow scouts while working on Wilderness Wisdom Adventure</p>
 <p>Weather</p>	<p><b>Prerequisites:</b> 11</p> <p><b>Requirements Not Covered:</b> 10</p> <p><b>Additional Info:</b> Scouts will be out in all kinds of weather so learning to read and understand the movement of the clouds will be important while they are hiking to find a victim.</p>

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 <p>Wilderness First Aid</p>	<p><b>Prerequisites:</b> 13 years of age, First Aid Merit Badge</p> <p><b>Requirements Not Covered:</b></p> <p><b>Additional Info:</b> This is a certification class. The class is 16 hours.  <b>Cost:</b> \$40.00 for book and certificate.</p>
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## Wilderness Wisdom Schedule Mon-Fri except Wednesday

6:45-8:00	Flags and Breakfast
8:00-8:30	Prepare for the day
8:30-12:00	Wilderness Wisdom-Working on the merit badges and putting together working what if scenarios
12:00-12:30	Break
12:30-1:30	Lunch
1:30-2:00	Trading Post/Break
2:00-5:20	Wilderness First Aid in the Nature Lodge and merit badge
5:50-6:00	Flags
6:00-7:00	Dinner
7:00-7:30	Trading Post/Break
7:30-9:30	Evening Activities
10:00	Lights Out



### Leader's Guide

Have you read the Peaceful Valley and Tahosa High Adventure Base Leader's Guide? It contains helpful information about registration and policies. Most information for Magness Adventure Camp can be found in this Program Guide, but it is helpful to review the Leader's Guide prior to camp. The Leader's Guide can be found at [www.DenverBoyScouts.org/Camps](http://www.DenverBoyScouts.org/Camps)

# ST Sawtooth Program Guide

## Wednesday Troop Day

Wednesday, or known at Tahosa as “Troop Day” is an opportunity for units to go off-site on an adventure, stay at camp and work on rank advancement or other activities or to do whatever the unit decides to do.



**Sack lunches are made by participants starting at 8:30 in the morning at the dining hall. Lunch is not provided in the dining hall on this day.**

## Off-Site Activities

Units have the option to organize their own off-site activity on Wednesday. Nearby cities with attractions include Estes Park, Boulder, or Nederland. Off-site activities are not organized by the camp. The unit is responsible for transportation, costs, and other associated logistics. Activity suggestions include jeep tours or horseback riding in Estes Park, CU tour and planetarium visit at the University of Colorado, Boulder and hikes around the local area.

**Transportation can be arranged for units for an additional cost through Colorado Adventure Point or the Boulder Valley School District Transportation Department. Contact the Camp Director Toni four weeks prior to the need, or as soon as possible.**



Go whitewater rafting on this day! Transportation is provided by the camp to an off-site location to go white water rafting. **The cost for this activity is \$99 per person and is paid online via the DoubleKnot sign up.** Space is limited so sign up as soon as possible! **This is a first come, first served sign up.**

**Bring water shoes that can be secured on the foot, sunscreen, swimsuit and clothes that can get wet.**

Sign up online on the Camp Tahosa page at [www.DenverBoyScouts.org/Camps](http://www.DenverBoyScouts.org/Camps). Participants under 18 must have a parent or legal guardian sign.

## On-Site Activities

Select areas will be open for open-activities on this day. Scouts can take advantage of these open areas during the open times. Units are encouraged to work on rank advancement and other activities on their own. Staff support can be requested and will be granted on a available basis.

- |            |  |
|------------|--|
| 8:30-Noon  | Open areas (COPE, Archery, Lake) (Hiking available, sign up in sign-up binder) |
| 9:00-11:00 | Staff vs. Scouts Soccer Game (meet at flagpole 9 am)                           |
| 2:00-5:00  | Open areas (COPE, Archery, Lake)   |



@TahosaHighAdventureBase



@Camp.Tahosa



# ST Sawtooth Program Guide

## Evening Activities

Evening are utilized at the end of each day to bring the camp together for a rendezvous or to allow units time to connect and relax after a long day of Scouting.

Below you will find the evening program schedule



<b>Sunday</b> <b>7:00-9:30 pm</b>	<b>Safety &amp; Security Talk</b> -Meet in the Upper Parking Lot <b>Chapel</b> - Non-denominational services <b>Opening Camping</b> -The staff puts on this entire campfire program, so sit back, relax and enjoy the view of Tumbleson Lake at our campfire amphitheater. <b>Sunday Sundae</b> -After the campfire come and meet the staff and enjoy a bowl of ice cream before returning to your campsite.
<b>Monday</b> <b>7:00-10:00 pm</b>	<b>Open Activities Night</b> 7:00-7:30 Trading Post Open 7:00-9:00 Open Lake and Archery (sunlight dependent) 7:00-9:00 Branding by the Chapel walkway (under the pavilion). Items for branding are available in the Trading Post 8:15-10:00 Night Time COPE <b>Meet at the flagpole</b> (half of the camp, assigned by the Program Director at Sunday's meeting)
<b>Tuesday</b> <b>7:00-9:30 pm</b>	7:00-7:30 Trading Post Open <b>Wilderness Survival</b> -Scouts who are taking Wilderness Survival will be doing Outpost. These Scouts need to meet at the <b>flagpole</b> at 7:00 to depart for Outpost. <b>Troop Time</b> -Troops are encouraged to have their own campfire, invite another troop to join, sing songs, perform skits, or just bring fixings from home to make smores.
<b>Wednesday</b> <b>7:00-10:00 pm</b>	<b>Open Activities Night</b> 7:00-7:30 Trading Post Open 7:00-9:00 Open Lake and Archery (sunlight dependent) 7:00-9:00 Branding by the Chapel walkway (under the pavilion). Items for branding are available in the Trading Post 8:15-10:00 Night Time COPE <b>Meet at the flagpole</b> (half of the camp, assigned by the Program Director at Sunday's meeting)
<b>Thursday</b> <b>7:00-9:30 pm</b>	7:00-7:30 Trading Post Open 7:30-9:30 Popcorn and a Movie
<b>Friday</b> <b>7:00-9:00 pm</b>	7:00-7:30 Trading Post Open 7:45-9:00 Closing Campfire-This campfire will wrap up the week, remind us of the great times we have had and reflect on the week. This is a staff-led campfire, so sit back and relax!



# **Sawtooth Program Guide**

## Wilderness Wisdom Packing List

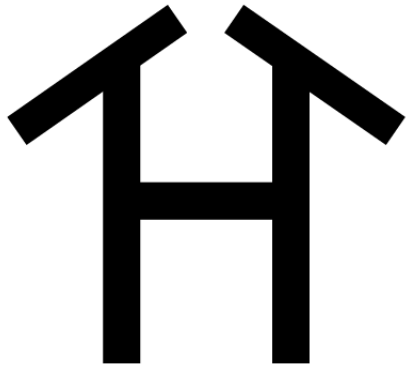
### Troop Recommended Gear

- ☐ American/State/Troop/Patrol flag(s)
- ☐ Propane lanterns and fuel
- ☐ First Aid Kit
- ☐ Lock box (for money and valuables)
- ☐ Troop Library
- ☐ Ground tarps
- ☐ Ice chests
- ☐ Camp chairs
- ☐ "Talk about" radios for adults
- ☐ Personal or troop tents **required**
- ☐ Pop-up tents or garage shelters

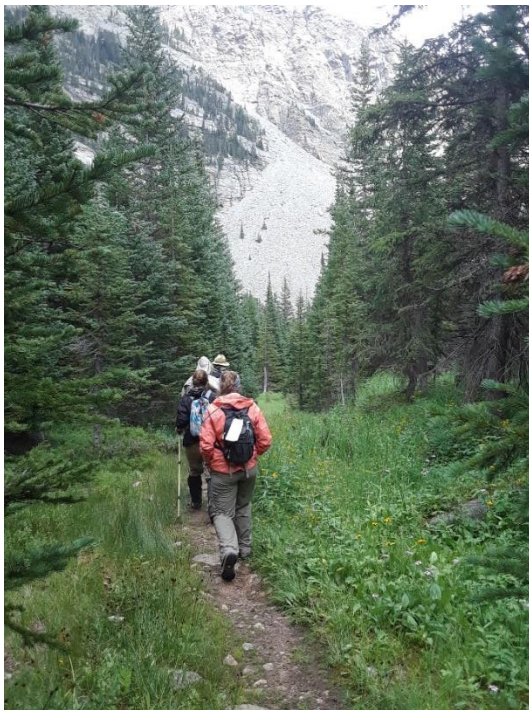
### Recommended Personal Equipment

- ☐ Cot and/or pad
- ☐ Pillow
- ☐ Warm sleeping bag
- ☐ Fleece liner
- ☐ 4-5 t-shirts
- ☐ 1 long sleeve shirt
- ☐ BSA Field Uniform
- ☐ Fleece and/or sweater
- ☐ Outer jacket
- ☐ 2 pairs long pants
- ☐ 3-4 pairs shorts
- ☐ 6-8 pairs of socks
- ☐ 6-8 pairs of underwear
- ☐ Pajamas
- ☐ Swimsuit and goggles
- ☐ Towel
- ☐ Rain gear head to toe (not a poncho)
- ☐ Hat (broad brim is best)
- ☐ Hiking boots (break in before summer)
- ☐ Tennis shoes for backup
- ☐ Day pack
- ☐ 10 essentials
- ☐ Water bottle
- ☐ Headlight/flashlight
- ☐ Pocketknife
- ☐ Insect repellent
- ☐ Sunscreen **WITH YOUR NAME ON IT!!**
- ☐ Sunglasses
- ☐ Notbook/pens/pencils
- ☐ Personal first aid kit
- ☐ Toiletry kit (toothbrush, toothpaste, soap, shampoo, **deodorant**)
- ☐ Watch
- ☐ Scout Handbook
- ☐ Medications in original container
- ☐ Small camera
- ☐ \$50-\$100 for trading post

**PLEASE LABEL ALL ITEMS WITH NAME AND TROOP NUMBER!**



# Tahosa Trek Program Information



# ST Sawtooth Program Guide

Tahosa Trek Program provides a true backpacking experience where participants prepare and pack in all their own meals, select their own campsites, endure all types of weather, terrain and practice Leave No Trace and the Outdoor Code. Additionally, all participants learn about backpacking basics including required gear, packing a backpack, clothing and footwear choices, map reading and routes, pacing, selecting a campsite, weather and emergency procedures. At the end of the program, participants will have the skills and confidence to tackle larger trips like Alpine Adventure, Philmont or return to the troop to help prepare younger Scouts for similar experiences. **All participants MUST adhere to the REQUIRED Gear List in this Guide. ABSOLUTELY NO TENNIS SHOES!!!**

## Tahosa Trek is

- 3-day, 2-night trip that is designed as an **introduction to backpacking**
- Recommended for your second year Scout and older or for troops/crew that are just getting started as backpackers.
- Participations is limited to 12 people: this number includes 1- Trek Guide, 1-adult from the troop.
- Participants will stay in the Kiowa campsite and not with their troop
- Trek Route does not have a lot of elevation gain and is
  - Approximately 15-20 miles in length
  - Do not have a lot of elevation gain
  - Treks may go use the Roosevelt National Forest, Indian Peaks Wilderness or James Peak Wilderness
  - Routes have been pre-planned by the end of December for the following year
  - Routes still offer an exciting and educational experience
- A Scout going on Tahosa Trek will be able to fulfill some merit badge requirements for:
  - Camping Merit Badge
  - Backpacking Merit Badge
  - Cooking Merit Badge
- **All participants MUST adhere to the REQUIRED Gear List found later in this Guide. ABSOLUTELY NO TENNIS SHOES!!! If you do not have hiking boots you will not be able to attend and there is NO REFUND!** Participant will stay in camp.



# **Sawtooth Program Guide**

## Tahosa Trek Schedule for Monday-Friday

Time	Monday	Tuesday	Wednesday	Thursday	Friday
6:45-7:00	Flags and Camp Information				
7:00-8:00	Breakfast				
8:00-8:30	Get Ready for the Day				
8:30-12:00	Hike with full Pack evaluate weight, Leave No Trace, Outdoor Code, revisit orienteering and basic First Aid along with an introduction to Wilderness First Aid	Final Back check, Group Gear distribution, Pick up Backpacking Food	Trekking		
12:30-1:30	Lunch		Trekking		
1:30-2:00	Trading Post				
2:00-5:20	Food Dehydration and Low COPE				
5:50-6:00	Flags				
6:00-7:00	Dinner				
7:00-7:30	Trading Post				
7:30-9:30	Evening Program				
10:00	Lights Out				

## Trek Leadership Structure

While taking part in Tahosa Trek and Alpine Adventure, the use of three levels of leadership will be encouraged. The first leader is the adult leader that is representing the troop or crew. The second leader is the youth crew leader. The third leader is the Trek guide from Tahosa.

**Youth Trek Leader:** Designed to develop the leadership skills of youth in the Scouting program. The youth crew leader will be responsible for organizing the trek, assigning duties, and making overall decisions with the input of the trek participants and the advisement of the adult leader and Trek Guide. They will be expected to establish a duty roster, manage "smellables" in camp, provide simple conflict resolution, delegate responsibilities, and interact with adult leaders and Trek Guide.

**Adult Trek Advisor:** With the advice of the Trek Guide, the adult trek advisor will be responsible for the safety and well-being of all crew members. The more capable the youth crew leader, the more the adult trek advisor will work for the Scouts and should remain in the background.

**Trek Guide:** (Provided by Tahosa) Acts as a resource for the youth trek leader and adult trek advisor, serving as a teacher and coach. All guides are 18 or older and are trained in low impact camping, navigation, safety and Wilderness First Aid. The Trek Guide will advise the youth crew leader on the route and travel plans. **The Trek Guide is the final decision maker in all situations.**

By using these three levels of leadership, it is our goal to not only provide a safe backcountry experience, but one in which all members will have an opportunity to grow in leadership skills as well as camping skills.



# **Sawtooth Program Guide**

## Trip Preparation

Any trek into the Colorado Mountains is physically demanding because of the combination of being at high altitude and the elevation gains and losses on each daily hike. The trails are steep and rocky with elevation gains of more than 1,000 feet are not uncommon. If your goal is to bag a few peaks, the elevation gain is higher. Some trips will cross the Continental Divide at least once during the week. **Add a pack of 50-60 pounds** to your back and the trip is even more intense.

***The time to get in shape for your trek is now, months in advance.***

All participants need to begin a regular aerobic fitness program 2 months before participating in the Sawtooth-Tahosa Trek program. Exercise for at least 30 minutes at intensities that raise your heart rate to about 75% of your maximum. If you are over 40 years of age and inactive, consult your doctor before beginning an exercise program. Keep in mind that Tahosa sits just below 9,000 feet above sea level and rarely will the trail drop below this height. Many treks will travel as high as 13,000 feet above sea level.

The best preparation is to hike with a pack. Begin with shorter, flatter hikes and a light pack. Try to work up to 8 miles on steep terrain with a 40-pound pack. Then you will know you are about ready. Carry the pack you plan on using on the adventure and wear the boots you will be bringing. Hike together with your crew and build relationships along with your strength and endurance.



### **A month or so before scheduled camp:**

- Distribute health forms, collect final payments.
- Continue with training hikes.
- File a tour plan.
- Organize a gear list and assign unit gear to be provided by members.
- Schedule a weekend shakedown trip of about 10-15 miles in length.
- Choose a youth leader for your trip.
- Insure that adult leaders have the necessary Youth Protection, CPR and First Aid training.

### **A few days before camp:**

1. Hold inspection of personal packs and crew gear.
2. Final check on transportation: going and returning.
3. Inform Scouts of practices and rules while attending Sawtooth-Tahosa Trek. Clarify crew's rules on good behavior and expectations.
4. Finalize departure location and time.
5. Collect and carefully review all participants' health forms.
6. Distribute contact names and numbers, as well as the trip plan to parents.

### **The day you leave for Camp Tahosa:**

1. Secure missing gear from pack inspection.
2. Collect missing health forms.
3. Label all medications with name and unit number in accordance to instructions on the Health Form before coming to camp.

# **Sawtooth Program Guide**

## Tahosa Trek Packing List

### Required individual gear:

- ☐ Tent (suitable for backpacking)
- ☐ Backpack with hip belt (4,500-6,000 cubic inches)
- ☐ Pack cover (trash bag is not an ok alt.)
- ☐ Sleeping bag – appropriate for high altitude
- ☐ Sleeping clothes
- ☐ Sleeping pad
- ☐ Bowl, spoon, cup for eating
- ☐ 2 or 3 one-quart water bottles
- ☐ Stuff sacks

### Clothing (no cotton):

- ☐ Hiking boots, well broken in
- ☐ 2 pair of hiking socks
- ☐ 3 pair of lighter inner liners (polypro)
- ☐ 3 changes of underwear
- ☐ Hiking shorts
- ☐ Hiking pants (please avoid cotton)
- ☐ 1 long sleeve shirt
- ☐ 2 short sleeve shirts
- ☐ Lightweight jacket or fleece
- ☐ Sturdy rain jacket (no ponchos)
- ☐ Sturdy rain pants – snow pants in early season
- ☐ Hat or cap with brim
- ☐ Stocking cap and gloves
- ☐ Long underwear, top and bottom
- ☐ Gaiters (shin height, not ankle)

### Personal:

- ☐ Small pocketknife
- ☐ Matches or lighter
- ☐ Flashlight or headlamp and extra batteries
- ☐ Compass
- ☐ 2 bandanas
- ☐ Whistle
- ☐ Toothbrush and paste

- ☐ Biodegradable soap
- ☐ Small camp towel
- ☐ Sunglasses
- ☐ Sunscreen and lip protection
- ☐ Personal first aid kit

### Optional:

- ☐ Camera
- ☐ Lightweight shoes for camp
- ☐ Foot powder
- ☐ Watch
- ☐ Fishing equipment and license if required
- ☐ Note pad and pen
- ☐ Money for Trading Post
- ☐ *Do not bring radios, electronic games or CD players*

### Equipment Issued at Tahosa

- ☐ Stoves
- ☐ Fuel bottles and fuel
- ☐ Water filters
- ☐ Repair kits
- ☐ Cook kits and utensils
- ☐ Hot pot tongs
- ☐ Latrine shovel
- ☐ Plastic trash bags
- ☐ Dishwashing soap, scrub pans
- ☐ Plastic strainer and rubber scraper
- ☐ Water purification chemicals
- ☐ Toilet paper
- ☐ Bear Bag and rope
- ☐ Maps
- ☐ Food
- ☐ Collapsible water container
  - (2 – 1½ - 2 gal each)
- ☐ First aid kit
- ☐ Spices for cooking

**Damage to equipment:** Equipment issued by Tahosa to the troop/crew for the week is the responsibility of that troop/crew. In case of damage to this equipment, the unit is responsible for paying for repairs or replacement.