

COPE Parental Consent Form

Parent Authorization (Youth under age 18)

This health history is correct as far as I know, and the person herein described has permission to engage in all prescribed activities, except as noted by me. In the event I cannot be reached in an emergency, I give my permission to the physician, selected by the adult leader in charge, to hospitalize, secure proper anesthesia, or to order injection.

Signature _____ Date _____

Home Telephone _____ Cell Phone _____

I do not grant my permission to use any photographs taken while participating in COPE activities.

Participant's initials: _____

Required Gear:

Sleeping bag
2 pair of sturdy shoes, boots or high-top sneakers*
Rain Gear
Personal kit (deodorant, soap, towel, etc.)
Flashlight
Water bottle
Backpack or day pack
Jacket/sweater
2 pair of long pants*
4 pair of long socks
1 long sleeved shirt, 1-2 short-sleeved shirts
Open mind and smiles

Optional Gear:

Sunscreen
Sunglasses
Fishing gear (shore fishing only)
Hat
Insect repellent

Do Not Bring:

Knife
Radio
Wristwatch
Open-toed shoes or sandals
Personal climbing gear or equipment

- * Wet conditions are always a possibility so footgear is very important. Dry footwear should be available after being on the course all day. Please plan ahead. Long pants and long-sleeved shirts are required on the high course.