

**Tahosa High Adventure Base  
2018 Leader's Handbook  
1938-2018  
80<sup>th</sup> Anniversary**



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## *Greetings from the Camping Director*

Greetings Valued Unit Leader:

Thank you for your commitment to Camp Tahosa, High Adventure at its BEST! For 79 years (and counting) Camp Tahosa has offered medium to high Alpine Adventure programs and a superb in-camp experience, designed by you as a troop and we have no plans to slow down, just because we are celebrating our 80 anniversary this year. Each of our programs are individually tailored to meet the requirements and expectations of all units attending summer camp. You and your Scouts plan your week; We help you make it happen.

A special welcome to our many new units. You will have a blast! Camp Tahosa is ideal for the newest Scouts — or Webelos-transitioning-Scouts — as well as the older campers in your unit.

The staff at Tahosa is highly trained, motivated, and eager to assist your unit with the program that promises to give your Scouts the ultimate summer camping experience. Our staff will do everything possible to exceed your unit's needs and expectations. If there is any assistance, we can provide prior to your arrival, please share it with us.

This summer we welcome John Braselton as the Camp Director at Camp Tahosa. He has worked at Peaceful Valley Scout Ranch for the past seven years and brings a wealth of knowledge and experience to Tahosa. Toni Lyman, will be assisting as the Camp Mom and Office Manager.

The Denver Area Council is confident you will find Camp Tahosa to be a very warm, friendly, and inviting place. Tahosa is staffed with dedicated individuals who strive to ensure your unit's total satisfaction. If we can be of any assistance, please don't hesitate to call or email me or John.

Start preparing for your experience at Tahosa now! Regarded by many as the BEST summer camp you can find!! "The Home of Adventure Unlimited." Since 1938, Camp Tahosa has proudly served the Scouts and Scout leaders of Colorado — and many units from around the United States — with a safe, quality, fun-filled camping experience. Camp Tahosa is a "real adventure for the time of your life".

Thank you for using one of our Denver Area Council Camps.

Have a terrific summer!  
We look forward to welcoming you "home"



Kevin J. Fox  
Camping Director

[kevinj.fox@scouting.org](mailto:kevinj.fox@scouting.org)  
720.266.2106

## *Welcome Fellow Scouters!*

The Denver Area Council is excited for another summer of fun and adventure as we enter our 80th year of providing high adventure, training, and outdoor experiences to Scouts from around the country at Tahosa High Adventure Base!

We firmly believe that summer camp is an important and unique opportunity for Scouts, and aim to provide a means for individual Scouts and troops to enhance their existing outdoor skills, as well as learn new ones. Our staff is comprised of Scouts from different states and possibly from other countries. Truly, Camp Tahosa is one of the best Scout camps in the country and we are a Nationally Accredited Camp by the Boy Scouts of America. Here the Scouts can excel in furthering their Scouting ideals, embodying enthusiasm, and receive the best program possible. These traits, paired with the scenic Colorado landscape, create countless, memorable adventures for Scouts and Scouters.

To help your troop plan for such a major event, we have created this Leader's Handbook to help get you through the process. Inside, you will find information on everything from how to prepare for your trip, to day-to-day operations, how to register and pay fees. It is our hope that everything your troop needs to know prior to coming to Tahosa can be in this resource, but should you have any questions, please contact Camp Tahosa by emailing [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org).

Thank you for your decision to join the Denver Area Council and the Camp Tahosa family for your summer camp experience. We are proud to be a part of your troop's summer plans and we look forward to seeing you in our little piece of paradise.

YIS,

**John Braselton- Camp Director**  
[john.braselton@scouting.org](mailto:john.braselton@scouting.org)

**Tonia Lyman-Camp Mom**  
[tonia.lyman@scouting.org](mailto:tonia.lyman@scouting.org)



## About Camp Tahosa

Camp Tahosa is located on the Front Range of the Rocky Mountains at nearly 9,000 feet in elevation, making it among the highest Scout camps in the United States. The land of Tahosa, is on the edge of a life zone that supports permanent habitation, but as one passes above timberline, man and other wildlife are only infrequent visitors. The camp consists of 320 acres of mountain terrain, and sits northwest of Boulder, about 60 miles northwest of Denver and 2.5 miles north of the town of Ward.

Driving into the entrance of Camp Tahosa, one senses a change, passing through a boundary between city life and the great outdoors. The Tahosa sign marks this transition, proudly hanging in grand style atop a large log gateway. Five unique programs run out of Camp Tahosa during the summer months: EaglePoint, Tahosa Treks, Alpine Adventure, Tahosa Mountain Men (provisional camp), and NYLT.

## History of Tahosa

Legend has it that long ago a Ute Chief, Ogallala, sent his only son, Tahosa in search of new lands. He discovered the magnificent peaks and valleys that today we know as the Indian Peaks Wilderness Area. The Utes inhabited this region for a long time with very little interference other than the occasional trapper or settler.

The first owners of our parcel were Frances M. Edmondson and Silas T. Tumbleson, who purchased neighboring parcels in 1899. In 1917, Tom Hussie purchased the property from Martha Tumbleson for one dollar including the water rights, lake, and all buildings. The Hussies continued running the fishing resort until August 1929 when they sold it to Mel Gelwicks. Mel Gelwicks built the first stone buildings on the property.

In May 1931, Stoney Point Lodge on Tumbleson Lake became a mountain resort that included fishing, a dance hall, dining room, and rental cabins. However, the great depression was a tough time to be running a recreational resort and Mr. Gelwicks sold Stony Point Lodge back to Lulu Hussie in 1933.

In May 1938, the Denver Area Council purchased the property, and Stony Point Lodge became Denver's Rocky Mountain Scout Camp. During its first decade of operation as a Scout camp, the property went through a variety of changes. First construction of the rustic campsites, as well as the first campfire ring. Then building of the different program areas, and finally in 1942 the name of the camp changed from Denver's Rocky Mountain Scout Camp to Camp Tahosa.

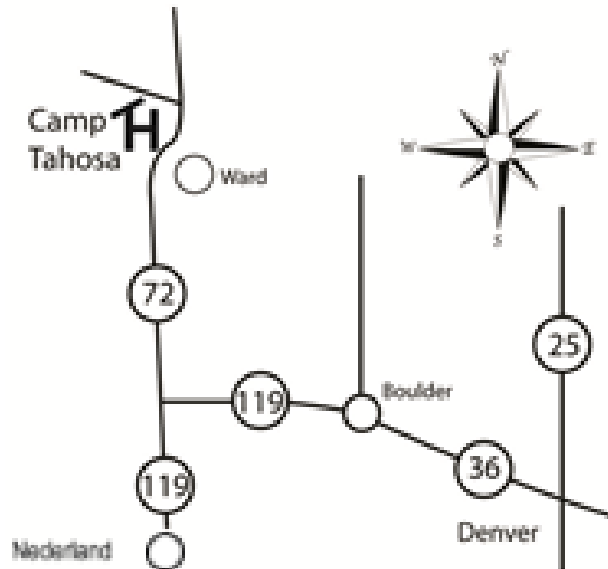
During the decade between 1948 and 1961, Camp Tahosa grew dramatically. This was a great time in the history of the camp. By 1955, Tahosa had exceeded the stated capacity of 1,600 boys per season, out-growing the available space. In 1961, the Denver Area Council purchased the land for Peaceful Valley Scout Ranch in Elbert County and began slowly relocating the primary summer camp operation to the larger camp. This process continued steadily through 1981, when the last summer of a traditional summer camp was held at Tahosa.

From 1981 until today, the Denver Area Council has changed the nature and scope of programs at Tahosa. Our goal has been to maximize the use of the land, while at the same time giving it time to rest and rejuvenate. Camp Tahosa is used for summer camp, weekend camping, training sessions, and high adventure operations i.e. COPE and Okpik.



## Map & Driving Directions

**From Denver:** Drive northwest to Boulder. Take Canyon Boulevard (which becomes CO 119) west into the mountains towards Nederland. In Nederland, turn north on CO 72. You will pass by Ward, and about 2.5 miles beyond that, you will see a green highway sign that says, “Boy Scout Camp”. Then turn west off CO 72 onto County Road #96 to Tahosa. Take the 2nd left off County Road 96 to get to the lower parking lot where you will be greeted by a staff member. Drive time is around 1 ½ hours.



## Camp Contact Information & Scout Mail

Camp Tahosa

Attn: Scout Name, Troop #, Week #

173 County Road 96

Ward, Colorado 80481

Tahosa Office: 303.440.4040

Camp Email: [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org)

### Send an Email to your Scout!

Send email to your Scout at camp! Email messages to [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org) and we will print them off and give to your Scout at the next mealtime! Please make sure to include the Scout name and unit number in the email. Please note, responses are not possible.



## *Guiding Principles of Camp Tahosa*

### *Boy Scouts of America Mission Statement*

The mission of the Boy Scouts of America is to prepare young people to make ethical and moral choices over their lifetime by instilling in them the values of the Scout Oath and Scout Law.



### *Boy Scouts of America Vision Statement*

The Boy Scouts of America will prepare every eligible youth in America to become a responsible, participating citizen and leader who is guided by the Scout Oath and Law.

### *Tahosa High Adventure Base Mission Statement*

The mission of the Denver Area Council summer camping program is to provide each Scout with a memorable and challenging outdoor experience. Camp Tahosa enriches the fundamentals of Scouting through unique opportunities for leadership and educational growth.

### *The Scout Oath & Law*

These principles have served Scouting well for over 100 years. They are the basis for everything we do at Camp Tahosa, and we ask that you help your Scouts and leaders use these as a guide in camp.

### *Scouting 10 Essentials*

First Aid Kit – Extra Clothing – Rain Gear – Water – Flashlight – Trail Food – Sun Protection – Map & Compass – Pocket Knife\*

**\*At Scoutmaster Discretion**



**Prepared. For Life.®**

All Scouts and leaders attending Camp Tahosa need to be prepared! Scouts and leaders must bring a daypack that is large enough to carry the “10 Essentials” while in camp. The “10 Essentials” should be carried at all times since you never know when the weather may change.

**If the BSA facility is placed in pre-evacuation area for fire, flood or other causes, all Scouts and leaders will be required to have their “10 Essentials” especially at these times. During an evacuation, this daypack may be the only item you can take.**

In addition, adult leaders should also have in their daypack; their wallet, identification, cell phone/charger, car keys, and their personal medications. The Unit Scoutmaster should also include a unit roster in their daypack. It is the responsibility of the troop’s adult leaders to ensure that everyone in their unit have the necessary equipment with them.

## ***CAMP FEES***

### **Scout Fee**

In 2018, the fee for a Scout to attend EaglePoint is \$335.00, Tahosa Trek is \$365.00, Alpine Adventure Trek is \$385.00 per participant, and Mountain Men is \$405.00.

### **Camp Payment Schedule**

- **Camp Reservation Fee: November 6, 2017 - \$50.00** (non-refundable) deposit per camper for the number of Scouts listed.
- **First Payment: February 5, 2018**-additional payment of \$100.00 per camper for the number of the registered number of Scouts is due.
- **Second Payment: April 2, 2018** - additional payment of \$100.00 per camper for registered number of Scouts is due.
- **Final Payment: May 7, 2018** - the outstanding balance camper and adult is due.

### **Adult Leader Fee**

The Denver Area Council will cover EaglePoint fees for two adult leaders. Each troop is required to have a **minimum of two adult leaders** in camp, at all times, no matter the troop size! Additionally, each unit is required to have **one adult leader per every 10 Scouts**. While adult leaders may rotate throughout the week, the minimum leadership of two adults must be present always. The fee schedule for **EaglePoint** is as follows:

1-20 Scouts - 2 free adults and any additional adults - \$200.00  
 21-30 Scouts – 2 free adults and 1 additional adult - \$75.00; any additional adults - \$200.00  
 31-40 Scouts – 2 free adults and 2 additional adults - \$75.00; any additional adults - \$200.00  
 41-50 Scouts – 2 free adults and 3 additional adults - \$75.00; any additional adults - \$200.00  
 51-60 Scouts – 2 free adults and 4 additional adults - \$75.00; any additional adults - \$200.00  
 61-70 Scouts – 2 free adults and 5 additional adults - \$75.00; any additional adults - \$200.00

**Tahosa Trek**, the first two adult leaders are free except for the \$30 extra cost for backpacking food and supplies.

**Alpine Adventure** adult fee is \$385.00. All adults pay the same as the Scouts.

### **Visitor Individual Meal Fees**

**Breakfast:** \$6                      **Lunch:** \$7                      **Dinner:** \$8  
 This must be paid upon visitor check-in

### **Camperships**

Requests for camperships (scholarships to attend camp) must be in writing to the Council Camping Committee detailing why a Scout needs financial assistance. You may request a campership application from the Frederic C. Hamilton Scout Headquarters, or you may find it on the Council website, [BSAColoradoAdventure.org](http://BSAColoradoAdventure.org). All requests should be submitted in prior to **May 1, 2018**. A Scout may not receive or apply for a campership after attending summer camp. Only Scouts of the Denver Area Council are eligible for camperships.

### **Refunds Prior to Camp**

A \$50 per Scout deposit for EaglePoint, Tahosa Trek, Alpine Adventure, and Mountain Men (Provisional Troop) is non-refundable, but may be transferred to another Scout as long as the unit's total number does not decrease.



**If a cancellation is made prior to May 16th, the cancelling participant will receive a full refund, less the \$50. Participants who cancel after May 16th WILL NOT receive a refund.** However, if a physician provides a letter stating the reason the participant cannot attend is medical, or the unit leader provides a note stating that there was a death in the immediate family, the participants will receive a full refund, less the \$50 non-refundable deposit.

## Refunds While Attending Camp

If a Scout or participant becomes ill or has an injury while attending camp and is sent home prior to Wednesday by order of the camp Medical Director, the Scout will be entitled to a 50% refund. If a Scout or participant goes home after Wednesday, they **WILL NOT** receive a refund. Scouts or participants who leave camp for behavioral issues, by their own choice, or for any other reason, **WILL NOT** be granted a refund.

The unit's Scoutmaster or Committee Chairperson should make a refund request in writing to the Camping Department. A "Refund Request Form" is available on the Council website, [BSAColoradoAdventure.org](http://BSAColoradoAdventure.org). **DURING CAMP, THERE WILL BE NO REFUNDS ISSUED! All refunds go through the Council Office upon approval, a check will be issued. Refund requests need to be made no later than August 31, 2018.**

## Pre-Camp Leader Orientation Meeting

There will be a Leader's Orientation Meeting held on Saturday, April 28, 2018 during Scout Show. Time will be announced later, watch the Scout Show fliers. **Attendance by a unit representative is very important.** The camp management will go over any questions that leaders have regarding summer camp. If your unit is unable attend, please feel free to contact Camp Tahosa at [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org).

## Camp Accommodations

Camp Tahosa is a primitive camp. Units tent camp together in assigned campsites. **Camp Tahosa does not provide tents.** There are latrines at the different campsites. Portable showers are brought in for the campers and they must abide by posted shower schedules at camp to comply with Youth Protection policy. During summer camp, two shower times will be scheduled for the troop at check-in. Full bathroom facilities located in the dining hall with showers **FOR ADULTS (18+) ONLY**. Lodges are shared space for storing group gear and 'smellables', while also providing protection from severe weather. **Participants may NOT sleep in the lodges during summer camp.**

Our dining hall provides breakfast, lunch, and dinner for EaglePoint participants as well as Tahosa Trek and Alpine Adventure participants while they are in camp. You have the option to eat in the dining hall, cook in your own campsite, or do a combination of dining hall and campsite cooking. If eating in the dining hall, units are expected to help with clean-up. For campsite cooking, the unit must provide supplies including cleaning materials. The camp only provides food for campsite cooking. **There is no campsite cooking on Sunday, Friday dinner or Saturday morning.**

There is a trading post with a variety of Tahosa branded items, as well as camping and trekking gear. The trading post will be open Monday at the beginning of each merit badge session for the purchase and payment of merit badge kits and class fees. Daily hours will be posted at camp and are subject to change.

**Internet is very limited at Camp Tahosa. Cell phones do not work at Tahosa, there are two land lines for Scoutmasters to use. Please limit your call to about 5 minutes. Thank you for your help.**

## Sunday Check-In Procedures

**Check-in is on Sunday afternoon between 1:00 and 2:00 p.m. for all Tahosa programs. All troops members and their vehicles must park in the lower lot.** The troop will be met by their camp host who will greet and meet the troop. The Unit Scoutmaster and Senior Patrol Leader will check in at the dining hall to receive their campsite assignment, review registration paperwork, turn in swim check form, troop rosters and adult roster. The rest of the troop will be taken to the dining hall for medical check-in by their Camp Host. Once med-checks have been completed, the troop may move into their campsite. The only vehicle allowed to drive to the campsite to unload is the troop trailer and the vehicle pulling the trailer. **Only one trip is allowed.** The troop trailer may remain at the campsite during your week at camp. Scouts will carry the rest of the gear up from the lower parking lot to the campsites.

## Camp Policies

***Participant Requirements:*** All Scouts, leaders and adult volunteers need to be registered with the Boy Scouts of America. This membership could be through a Boy Scout Troop, Venturing Crew, district or council level position. All Scouts participating in Alpine Adventure or COPE-High Ropes activities *must be at least 13 years old and First Class by June 1st of the participation year.* Expectation is that all participants are in good physical and mental health for any of the camp programs, and conform to the BSA height and weight requirements for high adventure programs.

***Uniforms:*** Campers are requested to wear full Field Uniforms to evening flags and dinner. (*Note: change from previous years.*)

***Damage to Camp Equipment and Facilities:*** Each unit is responsible for taking care of camp equipment assigned to them and leaving the campsite better than found. The unit is responsible for all costs for repairs or replacement of damaged equipment. You and your campsite host will jointly inspect all equipment when you arrive and when you leave. Vandalism is a criminal offense and a fine will be assessed. Charges will be based on the repair or replacement costs estimated by the Camp Ranger.

***Adult Leadership:*** The Denver Area Council requires “two-deep” adult leadership for all units. Two deep leadership is for the protection of both youth and adult participants. One adult leader must be 21 years of age or older, and the other must be 18 years of age or older, by the time the unit arrives. Per Colorado law regarding Child Care, there must be one adult for every ten youth with a minimum of two adults. Coed crews must follow Venturing requirements.

***Youth Protection Training:*** All adult participants, including your volunteer parents, are required to be current in Youth Protection Training. Please bring a valid Youth Protection Training certificate to check-in. You can complete Youth Protection Training online through the Online Learning Center at [my.scouting.org](http://my.scouting.org).

***Registered Adults:*** New policy from the Boy Scouts of America: **All adults (including parents) visiting camp must be registered members of the Boy Scouts of America. This includes visitors staying overnight.**

***Anti-Harassment Policy:*** The Denver Area Council and Boy Scouts of America prohibit language or behavior that belittles or puts down any person. This policy includes unwelcome sexual advances, racial slurs, chastisement for religious or other beliefs, or any other actions or comments that are derogatory. Any form of hazing, initiations, ridicule, or inappropriate teasing is prohibited. The consequence for any of these actions will result in, but not be limited to immediate removal from camp property and local law enforcement authorities will be contacted. Camp Tahosa enforces a zero-tolerance policy.

***Sleeping arrangements:*** Youth and adults must sleep in separate tents. A parent may share a tent with his/her son or daughter, but not with other youth. All youth must have at least one tent mate for Youth Protection, safety, and security reasons.

***Showers:*** All youth and adults must shower separately. Separate shower schedules for adults and youth will be established and posted outside of the showers in the dining hall and at the portable shower trailer. We will attempt to schedule two shower times per unit and will be assigned at check-in. **Water supply is limited so short, effective showers are encouraged.**

***Language:*** Verbal abuse, discriminatory or derogatory remarks, belittling, extreme sarcasm, and off-color conversation or jokes are not tolerated, from youth or adults.

***Discrimination:*** Camp Tahosa and the Denver Area Council, BSA, is an equal opportunity facility that does not discriminate on basis of age, sex, color, race, creed, sexual orientation, gender identity or expression, disability, national origin or religion. All participants shall observe this code while on property.

***Leader Conduct:*** Scouters should avoid unnecessary or inappropriate physical contact with Scouts. Two-deep leadership is required. If you feel a one-on-one meeting is needed, please hold it in a public setting. All leaders must be aware and follow the Youth Protection Guidelines.

***Discipline and Treatment:*** Discipline to a camper will not be in the form of physical harm, fear, or intimidation. Campers will not be handled roughly, struck, or shaken. Separation will be brief and appropriate to the age and circumstance, and in a safe and comfortable place within hearing distance of an adult. You may not deny a camper a meal as a form of punishment.

***Report Abuse:*** Colorado law requires all Scouts and Scouters must report suspected child abuse or neglect. Inform the Camp Director and/or Camp Ranger immediately. They will proceed in accordance with legal requirements and BSA policies.

***Tobacco:*** Denver Area Council camps are a tobacco free environment. Scouters are prohibited to smoke or use chewing tobacco in the presence of Scouts and on camp property. If you do use tobacco you must go to the county road off property. **You may not use tobacco of any type including vaporizer pens on Denver Area Council property. Youth may not use tobacco at any time.**





***Do Not Bring to Camp:*** Please do not bring firearms, ammunition, archery equipment, alcoholic beverages, illegal drugs, marijuana or marijuana products, and fireworks. Additionally, do not bring expensive items that may be damaged due to the nature of summer camp.

***Ejection from Camp:*** The Denver Area Council reserves the right to remove any person from BSA property for violation of camp rules, DAC policies, BSA policies or local, state and federal laws. In some cases, local law enforcement may be contacted.

***Guest Policy:*** Guest visits are encouraged, but staff will need to plan for their arrival. Please email [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org) ahead of time. Additional fees apply to those guests who stay for meals. All guests staying on camp property overnight must provide Parts A, B, and C Health Form and must be a registered member of the Boy Scouts of America. Please bring these forms when you check in at the Welcome Center. **Day visitors - a person who is on property from the hours of 8:00 a.m. to 8:00 p.m. must be a registered member of the BSA, and a health form is recommended but not required.**

# IN AN EMERGENCY

## WHEN YOU HEAR IT. DO IT.

 <p><b>Lockout</b></p>	<p><b><u>LOCKOUT! SECURE THE PERIMETER!</u></b>  <b>RADIO/STAFF ANNOUNCEMENT ONLY. NO SIREN.</b></p> <ul style="list-style-type: none"> <li>• Hikes/Cycling return to main camp area.</li> <li>• Do not travel between upper and lower parts of camp.</li> <li>• Nobody can leave the property.</li> <li>• Property gates are locked.</li> <li>• Business as usual.</li> </ul>
 <p><b>Lockdown</b></p>	<p><b><u>LOCKDOWN! RUN! HIDE! FIGHT!</u></b>  <b>SHORT WAVY SIREN. (Long Wavy “Evacuate Area” siren for all clear, assemble)</b></p> <ul style="list-style-type: none"> <li>• If possible, attempt to move away from threat by running into woods with a buddy or small groups.</li> <li>• If running is not possible, find a place to hide. Lock doors, turn off lights, stay silent and out of sight.</li> <li>• As a <b>last resort</b> and only if your <b>life is in danger</b>, do what you can to protect yourself.</li> </ul>
 <p><b>Evacuate</b></p>	<p><b><u>EVACUATE AREA! REPORT TO ASSEMBLY POINT!</u></b>  <b>LONG SIREN.</b></p> <ul style="list-style-type: none"> <li>• Gather nearest personal belongings.</li> <li>• Report to the <b>Upper Parking Lot (Upper Camp) Barn (Lower Camp)</b>. If unavailable, secondary location: Flag Poles (Upper) Gate (Lower)</li> <li>• <b>STAY OFF THE ROADS. USE TRAILS.</b></li> <li>• Group with unit.</li> <li>• Remain silent and follow directions.</li> <li>• <b>UNIT LEADER</b> take roll call of unit, report using card system.</li> </ul>
 <p><b>Shelter</b></p>	<p><b><u>SHELTER!</u></b>  <b>HEAVY RAIN/HAIL – RADIO/STAFF ANNOUNCEMENT – No Siren.</b></p> <ul style="list-style-type: none"> <li>• Take shelter in nearest building or tents. Stay inside, or under cover.</li> <li>• Do not walk in open areas.</li> </ul> <p><b><u>LIGHTNING/THUNDER STORM - RADIO/STAFF ANNOUNCEMENT – No Siren.</u></b></p> <ul style="list-style-type: none"> <li>• Take shelter in nearest building. Stay inside, or under cover.</li> <li>• Do not walk in open areas – Hikes/Cycling return to main camp area.</li> <li>• Stay away from lake.</li> </ul>

When the camp is assembled together, units should line up single file and remain silent. The unit leader will be given cards to indicate the unit’s status. Hold up the white card that shows the unit’s number. Along with the white card, hold up the color status card. Green indicates all members are present and accounted for, yellow indicates the unit is missing someone and red indicates that someone need immediate medical attention.

# Online Registration

All Tahosa programs use Doubleknot through the Council website for registration, entering rosters, unit information, and pre-camp signup for all merit badge classes and various program activities. Make sure that you complete the entire sign up procedure. Keep the “User ID” and “Password” for registration – you will need this information to register your Scouts for their merit badges, and make your payments. If your unit does not have internet access, you will be able to process rosters and class registration by mail.

## Step-by-Step Registration Guide

As you register for merit badges, please keep in mind that even if no payment is due, your merit badge registration, **INCLUDING ALL CHANGES AND UPDATES, will not be saved until you have completed the registration process by clicking the “Continue” button.** If you feel you have already made the appropriate payments, you still need to select “Pay by Mail” to complete the process and save any changes.

Registration instructions are as follows: (Very detailed)

- Go to [BSAColoradoAdventure.org](http://BSAColoradoAdventure.org). Then click on Login. Enter your login information.
- **Under Summary.**
- See Upcoming Payments. Under Registration and Reservations, click on **View Details**. This will show the unit’s information.
- **Under Registration**
- Click on **Update/Edit**. This is the screen where you can make changes, sign up for merit badges, etc.
- Click on **Who’s Coming**. You must register everyone before signing up for merit badges.
- Type in first name, last name and phone number.
- Follow procedure for each Scout and adult. After you have added all your Scouts and adults, click continue. **This procedure must be completed before Scouts can be signed up for merit badges.**
- Click on **What Are They Doing**.
- Next to the Choose Activities, in drop box, click on the name of the Scout you wish to register.
- Next click on **Select a Category**, and select his merit badges. After you select the first Scout’s classes, click on the next Scout, and select his classes. Follow this same procedure for each Scout. After you complete the classes for your Scouts, click on **Continue**. You can print a copy of the troop’s merit badge classes here, but please note classes are not saved until you click on **Check Out**.
- Click on **Check Out**.
- A screen with **Payment & Billing Payment** will appear, and if you are not making a credit card payment, click the **Offline/Mail (mailbox)** button.
- Then click on **Complete Order**.
- Next screen – registration, click **Done**.
- The final screen, **Payment Details Registration**, click **Done**.

If all the procedures are followed, all your changes will be saved. **Remember, each time you make any additional changes; you must complete the entire procedure.** If you need any additional information, or have any concerns, please feel free to contact our Outdoor Adventure Registrar, Mary Ann Romero, at 720.266.2111 or [maryann.romero@scouting.org](mailto:maryann.romero@scouting.org). **There will be an opportunity at camp to make schedule changes, but we highly recommend you try and finalize your Scout’s schedules before you arrive, as space fills up quickly.**



## Health Information

**Disclaimer:** All participants are required to be in good physical condition and mental health. Tahosa Trek and Alpine Adventure are very rugged, and their difficulty should not be underestimated! For the safety and enjoyment of the unit, crew and staff, overweight or out-of-shape individuals will not be allowed to participate. Individuals with back, neck, knee or other similar injuries may also be restricted. Please refer to the “BSA High Adventure Height and Weight Requirements” for more information.

### Health and Medical Records Checklist

- All youth participants must have a medical form with parts A, B, and C. Additionally, all youth must have the Colorado addendum filled out. Please attach a photo copy of the youth’s health insurance card. (Forms can be found at [www.bsacoloradoadventure.org](http://www.bsacoloradoadventure.org))
- All adult participants staying overnight must have a medical form with parts A, B, and C. Please attach a photocopy of the adult’s health insurance card.
- RECOMMENDED:** Day visitors should provide a medical form in case of emergency.
- Make a copy of all medical forms for both youth and adults.** Copies cannot be made at camp, and the Denver Area Council will keep these records for designated amounts of time per Colorado law.

### Medications Checklist

- All youth who take medications including but not limited to prescribed medications, herbal supplements, vitamins and over-the-counter medications must have these listed on Part B of the medical form.**
  - Part B must be signed by a licensed medical practitioner under the medications list.**
  - Per Colorado law, all medications will be stored and dispensed by camp medical personnel.
  - All medications must be in original containers, marked with the Scout’s name and unit number. Only send dosages needed for the week.**
    - Daily pill containers and any other containers are not allowed.
  - Medical Marijuana is not allowed and will not be dispensed per the Guide to Safe Scouting.
- All youth who need to carry life-saving medications must complete the “Contract to Self-Carry”. This must be signed by a parent or legal guardian.**
- RECOMMENDED:** The “Medication Administration Record” filled out prior to arrival.

### Arrival at Camp

- Before check-in, distribute medical forms to each participant including youth and adults.
  - Medications should be given to youth to turn in to medical personnel with medical forms.
- Each person will individually meet with camp medical personnel.
- If you arrive after (anytime during the week) your unit, you must check in with camp medical personnel before proceeding to camp activities.

## Dietary Restrictions

Our kitchen staff can accommodate most special diets for campers, whether for religious, medical, or philosophical reasons.

If a camper has a dietary restriction, make sure it is indicated on their medical form. In addition, please fill out the *Special Diet Request Form* (online form) found on the Council website, [BSAColoradoAdventure.org](http://BSAColoradoAdventure.org). Please submit this form at least two weeks before arrival to camp. A member of camp management will confirm the arrangements with you.

**If this form is not received two weeks prior to coming to camp, there is no guarantee that the kitchen will be able to accommodate your dietary needs.**

## *Safety & Weather Considerations*

Though safety is always emphasized at Camp Tahosa, not all accidents can be avoided, especially while in the backcountry on Tahosa and Alpine Adventure Treks. If desired, participants can purchase an Outdoor Recreation Search and Rescue Card, which will cover the costs of a rescue from the backcountry if an accident occurs. The card may be purchased at any location that sells Colorado Hunting and Fishing Licenses. If you already have a Colorado Hunting or Fishing License, you are covered.

**Weather:** The Colorado weather will pleasantly surprise you, as most of the days are sunny with a chance of brief thunderstorms in the afternoon. The humidity is low and nights are cool and good for sleeping. Storms are common in the afternoons in the mountains and it is important to watch the skies because storms often come in quickly. Be careful to avoid being above timberline after noon. Temperatures can range from a high of 80 degrees during the day to 30 degrees or cooler at night. Be prepared.

**Altitude:** All participants need to be aware of the additional challenges and dangers, which higher altitudes can create. At 10,000 feet, there is 30% less oxygen in the air than at sea level, and the lungs will have to work that much harder; the rise of 4,000 feet in elevation from Denver should not be underestimated. Individuals who are out of shape and/or smoke will notice a pronounced difficulty in breathing after strenuous activity. **Also, at higher elevations, UV rays are stronger and exposed skin is much more susceptible to these damaging rays.** Sunblock needs to be worn always. Other challenges caused by altitude include slower boil times for water, longer cook times, difficulty sleeping the first few nights, and the possibility of altitude sickness.

Mountain or altitude sickness is a condition that affects some hikers at the higher elevations (usually above 6,000 feet). Please note that Tahosa's altitude is approximately 9,000 feet. The most common symptom is a headache, often accompanied by nausea, dizziness and loss of coordination. Victims may also suffer slightly slurred or slowed speech, loss of appetite and insomnia. In its mild form, mountain sickness is not serious and sometimes can be alleviated with aspirin and an increased fluid intake. Descending one or two thousand feet will cause most symptoms to disappear. **Please prepare your Scouts with an acclimation and hydration regiment 2-3 days before coming to camp.**

**Dehydration:** Symptoms include nausea, light-headedness, headaches, dizziness, weakness, or muscle cramps. Suggested prevention is drinking plenty of water; at least 4 quarts throughout the day. Water stops should be scheduled, and all are encouraged to drink, even if they are not yet thirsty.

**Hypothermia:** Hypothermia is when the body is so cold it cannot warm itself up. As the core temperature of the body drops, vital organs begin to shut down. Symptoms range from shivering to becoming unconscious. Treat by warming the body from the inside with warm fluids to the outside with dry and warm clothing or blankets.

**Terrain Hazards:** The terrain in the mountains is rocky and may likely include snow. The best safety suggestion for difficult terrain is to assure that your group is in top condition to hike together. On Alpine Adventure and Tahosa Treks, special skills will be covered on how to cross snow fields, boulder fields, scree slopes, downed trees, and moving water.

## ***Conservation and Leave No Trace (LNT)***

Camp Tahosa strives to maintain the land we use by practicing these basic principles:

### ***BSA Outdoor Code***

*As an American, I will do my best to  
Be clean in my outdoor manners,  
Be careful with fire,  
Be considerate in the outdoors, and  
Be conservation minded.*

### ***Leave No Trace***

While in Base Camp, as well as in the backcountry, your unit will practice Leave No Trace principles.

1. *Plan ahead and prepare.*
2. *Travel and camp on durable surfaces.*
3. *Dispose of waste properly.*
4. *Leave what you find.*
5. *Minimize campfire impact.*
6. *Respect Wildlife.*
7. *Be considerate of other visitors.*



Visit these websites for more info: [www.LNT.org](http://www.LNT.org) or [www.treadlightly.org](http://www.treadlightly.org)

**Fires at Tahosa: The Tahosa Ranger is responsible for all fires on property. The decision of having a fire ban at camp is based on information received from the Boulder County Sheriff's Office and U.S. Forest Service.**

## Youth Protection Policy Information



**It is required that all adults attending camp have taken the Youth Protection Training.**

Colorado Law and BSA policy mandates that camp staff, adult volunteers and all other members of the Boy Scouts of America are mandatory reporters of suspected child abuse and neglect. Abuse can include adult on youth and youth on youth contact.

While we do not wish or anticipate any abuse to occur at camp, in rare instances it happens. Please follow the guidelines below.

### **If you suspect child abuse or neglect at summer camp:**

You are a mandated reporter as a member of the Boy Scouts of America. You must take the following steps. You may not designate someone else to do this for you. Child abuse or neglect suspicions can be from home (and noticed while at camp) or can occur at camp from adult on youth or youth on youth scenarios.

1. **Notify the Camp Director and/or Camp Ranger immediately.** They can assist you in this process, but you must still make the report.
2. **Notify the Boulder County Sheriff's Office.** 303-441-4444 or 911
3. **Notify the Colorado Department of Human Services.** 844-CO-4-KIDS
4. **Notify the Boy Scouts of America.** SCOUTS FIRST Helpline 844-726-8871

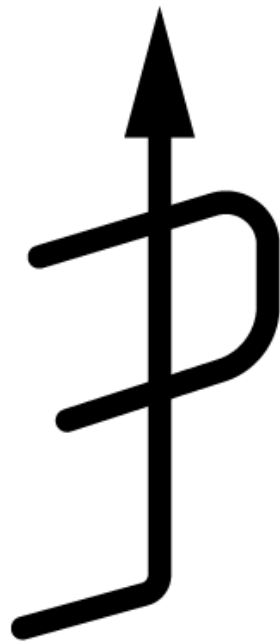
The Denver Area Council, Boy Scouts of America operates summer camping programs that are licensed by the Colorado Department of Human Services. The license indicates that the program has met the required standards for the operation of a child day care facility. The current license and most recent inspection is available for review in the camp office at both Camp Tahosa and the Council Service Center.

We all play a role in preventing **child abuse and neglect.**



**1-844-CO-4-KIDS**  
(1-844-264-5437)

# EaglePoint at Tahosa High Adventure Base





# EaglePoint Information

## EaglePoint Dates

Reservations for EaglePoint coincide with Tahosa Trek and Alpine Adventure Treks, which provides opportunities for Scouts of all ages to do different activities during a single week. Troops of 10-12 can complete program stations together, however, troops with 13+ Scouts will need to split up amongst different program areas.

### *2018 dates are as follows:*

*Session 1: June 17-23*

*Session 2: June 24-30*

*Session 3: July 1-7*

*Session 4: July 8-14*

*Session 5: July 15-21*

EaglePoint gives troops the flexibility to meet the needs of their Scouts.

- Tahosa offers merit badges that can help a Scout work on **rank advancement from Scout through First Class**. Scouts can complete many of the requirements for advancement. Merit badges that would help complete those requirements are: Environmental Science, First Aid, Orienteering, Pioneering, Wilderness Survival, and Canoeing/Kayaking (must be a blue swimmer).
- Troops may feel free to teach their own merit badges like Cooking (we supply only the food), Citizenship, Game Design or just set up your own program and bring in your own merit badge counselor(s). This would be helpful due to the limited spaces of our merit badge classes. This is a **great opportunity for the adult leaders to get to know the boys and the boys to know their leaders**.
- Camp staff offers several other merit badges like COPE, Climbing, Archery, and Aquatics, that require a qualified BSA trained person. Other merit badges that Tahosa has offered in the past are: Photography, Geocaching, Forestry, Mining, Indian Lore, Wood Carving, Fishing, Fly Fishing, Astronomy, and Basketry etc.

If your troop chooses to teach their own merit badge(s), you can split your troop into smaller groups to participate in a variety of activities. Example: a troop with 20 Scouts can divide into two patrols of 10 youth each and run two programs simultaneously. In the morning, while one patrol works on a merit badge and/or rank advancement offered by troop leaders, the other patrol could go rock climbing, archery, canoeing, kayaking or take a merit badge class offered by the staff. After lunch, the two patrols switch activities giving Scouts the opportunity do the opposite activity.

Consider combining the EaglePoint experience with other Tahosa summer camp programs to enhance their Scouting experience. Younger Scouts can work on merit badges and rank advancement, while 12-13 year olds can step up into leadership roles and maybe learn about backpacking with a 3-day Tahosa Trek. Your older Scouts, 13 and First Class, by June 1, 2018, can participate in an Alpine Adventure Trek.

Another possible feature at EaglePoint is the ability for troops to customize their food service with 1 of 3 possibilities: (All troops will eat Sunday, Friday dinner, and Saturday breakfast in the dining hall).

- **Dining Hall** - Troops may choose to have all their meals cooked and served for them in the dining hall.
- **Patrol Method** - Select the patrol cooking method and have food issued from the kitchen. Tahosa only provides the food. Troops need to bring their own cooking and cleaning equipment; pots and pans, Dutch ovens, paper towels, tin foil, dish soap, etc.
- **Combination** - Select a combination of meal service, i.e., you cook breakfast and dinner and eat lunch in the dining hall.

# EaglePoint Schedule

## \*\*\*SUBJECT TO CHANGE\*\*\*

The beauty of EaglePoint is the **flexibility** of the schedule. There are some activities that are set on a camp-wide schedule; you, however, can determine the rest. A sample schedule for the week may look like the following:

### Sunday

1:00 pm	Check in
4:30-5:30 pm	SPL/SM Mtg.
6:00 pm	Flags (Field uniform)
6:15 pm	Dinner (Dining Hall - ALL CAMPERS)
7:15 pm	Emergency Siren and Safety (ALL CAMPERS)
7:30 pm	Chapel Service
8:00 pm	Opening Campfire
10:00 pm	Lights Out

### Monday-Tuesday & Thursday

6:30 am	Food Pick-up (if cooking in camp)
6:45 am	Flags (Field uniform)
7:00 am	Breakfast (Dining Hall)
8:30-12:00 pm	EaglePoint Troop/Staff Led Program
12:00 am	Food Pick-up (if cooking in camp)
12:30 pm	Lunch (Dining Hall)
2:00-5:30 pm	EaglePoint Troop/Staff Led Program
5:30 pm	Food Pick-up (if cooking in camp)
6:00 pm	Flags (Field uniform)
6:15 pm	Dinner (Dining Hall)
7:30-9:00 pm	CPR AND Archery MB paperwork Wilderness Survival, Night time, & COPE

### Wednesday Troop Adventure Day

6:30 am	Food Pick-up (if cooking in campsite)
6:45 am	Flags (Field uniform)
7:00 am	Breakfast (Dining Hall)
8:30 am	Pack out lunch if leaving TH
8:30 -5:45 pm	Troop-Led Outing
6:00 pm	Flags
6:15 pm	Dinner
10:00 pm	Lights Out

### Friday

6:30 am	Food Pick-up (if cooking in camp)
6:45 am	Flags (Field uniform)
7:00 am	Breakfast (Dining Hall)
8:30-12:00 am	EaglePoint Troop/Staff Led Program
12:00 am	Food Pick-up (if cooking in camp)
12:30 pm	Lunch (Dining Hall)
2:00-5:30 pm	EaglePoint Troop/Staff Led Program
5:30 pm	NO CAMPSITE COOKING
6:00 pm	Flag Ceremony (Field uniform)
6:15 pm	Family Night Dinner (Dining Hall) At Lake
8:30 pm	Closing Campfire
10:00 pm	Lights Out

### Saturday

6:45 am	Flags
7:00 am	Breakfast (Dining Hall - ALL CAMPERS)
8:00 am	Campsite cleanup
9:00 am	Check out, depart Tahosa

# EAGLEPOINT INFORMATION

## EaglePoint Programs

All EaglePoint program options should be selected online prior to camp. Scheduling will be re-evaluated upon arrival. EaglePoint is not your typical summer camp; programs are designed to be flexible. EaglePoint is a combination of staff merit badges and activities, evening merit badge courses, and troop-led in-camp merit badge work if possible. Staff taught merit badge and activities, include COPE, rock climbing, archery, swimming, kayaking, canoeing, and First Aid, just to list a few of the merit badges. Please note that there are limited spaces in the Staff-led merit badges but does need to have at least 4 Scouts to hold the class. With the limited spaces, it is very helpful for the troop to have Troop-led programs. Troop-led programs ideas could include working on rank advancements, Cooking, Citizenship Merit Badges or any other merit badges that your Scouts need. The fee for EaglePoint is \$335.00. If you would like additional suggestions, please feel free to contact Camp Tahosa via email at [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org).

## Merit Badge Program

The merit badge program at Camp Tahosa is a “workshop environment,” and not a structured program like most traditional summer camps. A list of Staff-taught merit badges, as well as a list of suggested merit badges troops can teach while at camp, will be made available after March 1st via the following link: [BSAColoradoAdventure.org](http://BSAColoradoAdventure.org). Some specific program areas (archery, aquatics, climbing, COPE, etc.) will offer both Staff-taught merit badges, as well as open activity time. A more detailed schedule will also be available after March 1, 2018.

When it comes to signing up for Staff-taught merit badges, there is no definite way to do it! Some troops sign their Scouts up, as a group, for the same merit badge(s), and everyone works on the requirements together. Other troops allow Scouts to pick their own, and each Scout does their own thing. Sign up online for Staff-taught merit badges before camp through council website, and your exact registration date can be found in this guide. It is highly recommended troops register their Scouts for these Staff-taught merit badges prior to arriving at camp to ensure that their Scouts get into what they want. Registration and adjustments may be made at check-in, but there is no guarantee a class will have open spots at that time.

Troops planning to teach merit badges should make sure they have qualified instructors, and bring any program supplies needed for the class. We can provide some equipment such as pioneering logs, and the Trading Post is available for your Scouts to purchase handicraft kits, but for merit badges with specific program supplies, we may not have what you need. Troops teaching their own merit badges should research what will be needed beforehand, and email a list of materials needed to Camp Tahosa via email at [camp.tahosa@scouting.org](mailto:camp.tahosa@scouting.org), at least three weeks before they are attending camp. They will then let you know what the camp has available that can help and what you should plan on bringing with you. Troops looking to create their own programming can do things like troop campfires, games, hikes, or mountain biking among other things.

In an ideal world, a troop’s program would balance all four areas of the EaglePoint program: Staff-taught merit badge classes, troop-taught merit badge classes, program areas open activity time, and troop programs.

## Merit Badge Registration Dates

Dates for online merit badge registration are staggered and determined by camp attendance weeks. Merit badge signup begins at 8:00 a.m. MST on all dates. Also, please note that some classes have maximum caps, and signup for these classes will be on a first come, first served basis. Information on merit badges will be online towards the end of March. Please look for the Tahosa Adventure Base Program and Troop Guide

Week 2, June 17-23	Monday, April 9
Week 3, June 24-30	Monday, April 16
Week 4, July 1-7	Monday, April 23
Week 5, July 8-14	Monday, April 30
Week 6, July 15-21	Monday, May 7

**While there is a chance to sign up for or switch classes when you arrive at camp, some classes may be filled and unavailable. We suggest Scouts pick their classes before registration opens, and then the troop completes registration as soon as possible when it opens.**

## PROJECT C.O.P.E.

EaglePoint offers an exposure to C.O.P.E. (Challenging Outdoor Personal Experience) that is designed to teach teamwork, leadership skills, and self-confidence. A recommendation is that the entire troop including the younger Scouts (11 and 12-year-old) participate on the low C.O.P.E. course. This will help the troop be more cohesion. It will also help the Scout develop leadership skills and styles plus build their own self-confidence.

In accordance with Project C.O.P.E. National Standards, the age requirement for a Scout to participant on the high rope part of C.O.P.E. is First Class and 13 years old. Younger participants may take part in events that match their maturity level, as determined by the director.



## Night Time C.O.P.E.

Scouts will have the opportunity to ride the zip line as well as climb our cargo net and the giants ladder after dark. Starting approximately 8:30 p.m., the COPE course will be illuminated to provide safe and exhilarating environment for the activity.



## Rock Climbing

Signal Rock is our onsite climbing area for in-camp program and is for Scouts of all ages. Sign up is limited to 12 participants per session. Scouts age 13 and older who demonstrate an interest and skill in climbing will be invited to an all-day offsite climbing event on Wednesday (cannot be scheduled ahead of time, and **this program is subject to change**). These Scouts will have the opportunity to climb 70-100 ft. natural rock faces off camp property on nearby trail areas. The offsite event is limited to 12-15 participants, and will be selected by the Climbing Director during in-camp climbing (**Off-Site Climb Subject to Change**).

## Archery

EaglePoint archery sign-ups are limited to 12 participants per session. While the Scout is at the archery range, they are working on their shooting skills only. Additional time can be scheduled with the Archery Director for the Scout to work on qualification.

## Field Archery

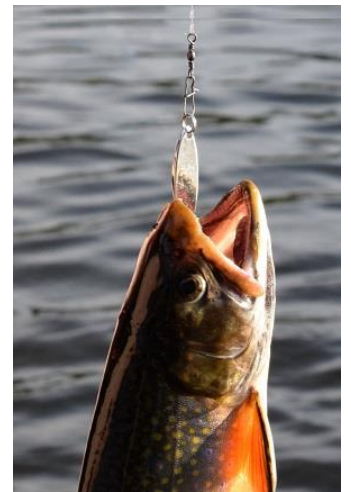
Tahosa has a field archery range that will be offered in the evening for adults and Scouts that have qualified for the Archery Merit Badge. Other Scouts that already have the merit badge must show proof that they are qualified for a higher archery adventure.

## Aquatics: Rowing/Kayaking/Canoeing/Stand Up Paddleboard

To participant in the aquatic merit badges and activity, Scouts need to be a **Blue Swimmer**. It is strongly suggested that you do your troop swim checks, by a qualified person, before coming to camp. Please note that the Aquatics Director does have the right to retest the Scout. To earn the merit badge, a Scout will need to attend all 4 day sessions. Classes for canoeing are limited to 14, kayaking limited to 8 and rowing limit is 4 this is due to the number of boat types at Tahosa

## Fishing/Fly-Fishing

No License Needed!! Tumbleson Lake is a private lake which is full of brook trout. All you need is to bring your own poles and tackle. There are designated fishing areas away from our waterfront area. The best lures to bring is a ¼ oz. Kastmaster-gold or silver. If a Scout is fishing any other time besides the merit badge session, an adult is required to be with their Scouts for safety reasons and to ensure the Scout is handling the fish appropriately.





## Day Hikes

Consider utilizing the camp property and surrounding Forest Service area for day hikes of varying lengths. We have a trail on property that is about 3.5 miles that goes around the entire camp. Wednesday is an open activity day that is a good time for troops to get in their 5-mile hike for rank advancement. At Sunday check-in, please let the camp director know that you are interested in hiking on Wednesday so that the cook can plan for lunch attendees and the number of people who will need sack lunches. Troops will be able to make their own sack lunches for Wednesday.

## Mountain Biking

Tahosa has 10 bikes available for a troop to rent for \$5.00 each, however, we highly encourage Scouts to bring their own bikes and helmets if they want to do any serious biking! Mountain biking is a great way to fill a free hour, and we will provide a staff member when using camp equipment. There are trails that range from easy to difficult levels.

## Unit-Led Programs

Evening Campfires - Fire pans are available for troop checkout. The Camp Ranger will determine if campfires will be allowed based upon local fire bans. **ABSOLUTELY NO FIRES BUILT ON THE GROUND OR ASHES DUMPED ON THE GROUND!**

- Day Trips
- Flag Ceremonies
- Games
- New Scout Trail to Eagle Requirements – Tenderfoot, Second Class, First Class
- Options are only limited by your troop's imagination!

Troops can plan their own program time and activities and have staff support if available. Wednesday is an open day that would be an excellent time for troops to visit local attractions like Rocky Mountain National Park, Estes Park, whitewater rafting trips, horseback rides and more. If you would like information about local vendors, use the websites for Estes Park, Rocky Mountain National Park and Idaho Springs. Camp Tahosa can also assist you with some recommendations. Sack lunches will be the standard meal on Wednesday for all participants and staff. Everyone will pack their own sack lunches. **NO LUNCH** will be served in the dining hall.

## EaglePoint Recommended Troop and Personal Gear Packing List

### Troop Gear:

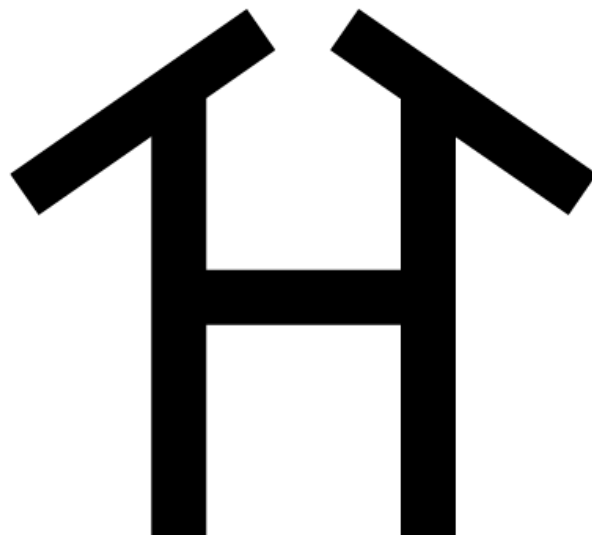
- American, state flag, and troop flag
- Propane and lanterns
- First Aid Kit
- Lock box for money and valuables
- Troop Library materials
- Tarps
- Coolers
- Cots/Pads for sleeping
- Folding Chairs
- "Talk About" radios for adults while around camp
- Personal or Troop tents REQUIRED**

### Personal Gear:

- |   |   |
|---|---|
| <ul style="list-style-type: none"> <li><input type="checkbox"/> Personal (at least two people) tent<br/><b>REQUIRED</b></li> <li><input type="checkbox"/> Cot or sleeping pad</li> <li><input type="checkbox"/> Pillow</li> <li><input type="checkbox"/> Warm sleeping bag</li> <li><input type="checkbox"/> Fleece Liner</li> <li><input type="checkbox"/> 3-6 t-shirts</li> <li><input type="checkbox"/> 1-2 long sleeve shirts</li> <li><input type="checkbox"/> BSA Field Uniform (sash/OA sash optional)</li> <li><input type="checkbox"/> Fleece or sweater</li> <li><input type="checkbox"/> Outer jacket</li> <li><input type="checkbox"/> 1-2 pairs of long pants</li> <li><input type="checkbox"/> 2-5 pairs of shorts</li> <li><input type="checkbox"/> 7 pairs of socks</li> <li><input type="checkbox"/> 7 pairs of underwear</li> <li><input type="checkbox"/> Pajamas needed for 6 nights</li> <li><input type="checkbox"/> Long underwear and beanie (if you get cold easy)</li> <li><input type="checkbox"/> Swimsuit and swim goggles</li> <li><input type="checkbox"/> Towel(s)</li> <li><input type="checkbox"/> Rain Gear (not ponchos, head to toe coverage)</li> <li><input type="checkbox"/> Hat</li> </ul> | <ul style="list-style-type: none"> <li><input type="checkbox"/> Belt</li> <li><input type="checkbox"/> Walking shoes or hiking boots (open toed shoes ONLY allowed in shower and aquatic areas)</li> <li><input type="checkbox"/> Sneakers</li> <li><input type="checkbox"/> Day pack</li> <li><input type="checkbox"/> WATER BOTTLE</li> <li><input type="checkbox"/> Headlight or flashlight (extra batteries too!)</li> <li><input type="checkbox"/> Pocketknife</li> <li><input type="checkbox"/> Insect Repellent</li> <li><input type="checkbox"/> Sunscreen</li> <li><input type="checkbox"/> Sunglasses/Eyeglasses</li> <li><input type="checkbox"/> Notebook, pens, pencils</li> <li><input type="checkbox"/> Personal first aid kit</li> <li><input type="checkbox"/> Toiletries Kit (toothbrush, toothpaste, shampoo, soap, deodorant, etc.)</li> <li><input type="checkbox"/> Medical Form signed and completed (Parts A, B, and C &amp; Colorado Addendum for youth)</li> <li><input type="checkbox"/> Medications in original container with name on them.</li> <li><input type="checkbox"/> Small camera</li> <li><input type="checkbox"/> \$40-\$100 recommended for class fees and Trading Post purchases</li> </ul> |
|---|---|

**\*\*Please label all items with name, phone number, and unit number.\*\***

# **Tahosa Trek at Tahosa High Adventure Base**



## TAHOSA TREK INFORMATION

Tahosa Trek programs provide a true backpacking experience where participants prepare and pack in all their own meals, select their own campsites, endure all types of weather, terrain, and practice extreme Leave No Trace and the Outdoor Code. Additionally, all participants learn about backpacking basics, including required gear, packing a backpack, clothing and footwear choices, map reading and routes, pacing, selecting a campsite, weather, and emergency procedures. At the end of the program, participants will have the skills and confidence to tackle larger trips like Philmont, or return to the troop to help prepare younger Scouts for similar experiences. **All participants MUST adhere to the REQUIRED Gear List found later in this Guide. NO TENNIS SHOES!!! If you do not have hiking boots you will not be able to attend and there is NO REFUND.**

**Tahosa Trek** is 3-day, 2-night trip this is designed as an **introduction to backpacking**, and for at least the second year Scout and older or for troops/crews that are just getting started as backpackers. Participation is limited to 12 people; this number includes 1-guide and 1-adult from the troop. Routes vary and are somewhat customizable based on the group's experience and needs. The trek does not have a lot of elevation gain and is approximately 15-20 miles in length. The schedule for those Scouts and Scouters, on Monday and Tuesday mornings, you be learning Leave No Trace, Outdoor Code, revisiting orienteering and basic First Aid, along with reviewing First Aid, the Staff will be introducing you to some basic Wilderness First Aid skills. In the afternoon, you will attend a food dehydration class to learn how to prepare some of the backpacking food that you will be taking with you on the trail and Low COPE. Wednesday participants will do a pack check, pack their food, eat lunch and then hit the trail. While on the trail participants will spend time learning how to look for an appropriate campsite, use the water filters, cook on backpacking stoves, bear bags, and other backpacking fundamentals. On Friday the Scout will arrive back on camp after lunch. A Scout going on Tahosa Trek will be able to fulfill the majority of the Camping Merit Badge, and some of the requirements for Backpack and Cooking Merit Badges. **All participants MUST adhere to the REQUIRED Gear List found later in this Guide. NO TENNIS SHOES!!! If you do not have hiking boots you will not be able to attend and there is NO REFUND!** Participant will then stay in camp.

### Tahosa Trek Route

**Tahosa Treks** are 10-20 miles in length and include with limited elevation changes. Most hikes will depart near Tahosa. Routes are pre-planned but we offer an exciting and educational experience.

### Tahosa Trek Reservations

Reservations for Tahosa Trek are accepted for groups no larger than 11 participants and 1 trek guide provided by Tahosa. We highly recommend a combination of 9 youth and 2 adults. There is only 1-Tahosa Trek per week. This is a **separate reservation form** and do not include Tahosa Trek as part of your EaglePoint Reservation. Tahosa Trek is separate from EaglePoint. Tahosa Trek will leave camp on Wednesday after lunch and return Friday around lunch time. The cost for Tahosa Trek is \$365.00 and the adult attending Tahosa Trek will have to an additional cost of \$35.00. This helps to cover the extra cost of the backpacking food.

### **Dates for Tahosa Trek (Treks are Wed.-Fri. with Specialized program for Mon.-Wed.)**

Session 1: Tahosa Trek: June 7-23

Session 2: Tahosa Trek: June 24-30

Session 3: Tahosa Trek: July 1-7

Session 4: Tahosa Trek: July 8-14

Session 5: Tahosa Trek: July 15-21

# Tahosa Trek Schedule

## Sunday

1:00 pm	Check in
3:30-5:30 pm	Meet with Trek Guide
6:00 pm	Flags (Field uniform)
6:15 pm	Dinner (Dining Hall - ALL CAMPERS)
7:15 pm	Emergency Siren and Safety (ALL CAMPERS)
7:30 pm	Chapel Service
8:00 pm	Opening Campfire
10:00 pm	Lights Out

## Monday-Tuesday

**Mornings** Working on Leave No Trace, Outdoor Code, orienteering  
First Aid, and beginning Wilderness First Aid  
**Afternoon** Learn to dehydrate food and Low COPE

## Wednesday

8:30 am	Meet with your Trek Guide Orientation and Gear Shakedown <ul style="list-style-type: none"> <li>• Bring full pack</li> <li>• Team gear issued &amp; divided</li> <li>• Food</li> </ul>
1:30 pm	Hit the Trail! (After lunch)

## Thursday

All Day	On Trek
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## Friday

1:00 pm	Tahosa Trek Return to Camp <ul style="list-style-type: none"> <li>• Gear cleaning-up &amp; check in</li> <li>• Putting Trek gear away</li> <li>• Shower</li> </ul>
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# Required Individual Gear for Tahosa Trek

\*Tahosa has limited availability to borrow

## Required Items:

- Tent (suitable for backpacking) \*
- Backpack with hip belt (4,500-6,000 cu. in.)\*
- Pack cover (trash bag is not an ok alt.)
- Sleeping bag (appropriate for 20 degrees or below)
- Sleeping clothes
- Sleeping pad\*
- Bowl, spoon, cup for eating
- 2 or 3 one-quart water bottles
- Stuff sacks

## Required Clothing (non-cotton):

- Hiking boots, well broken in **NO TENNIS SHOES**
- 2 pair of wool hiking socks
- 3 pair of lighter inner liners (polypro)
- 3 changes of underwear
- Hiking shorts
- Hiking pants
- 1 long sleeve shirt
- 2 short sleeve shirts
- Lightweight jacket or fleece
- Sturdy rain jacket (no ponchos)
- Sturdy rain pants (snow pants in early season)
- Hat or cap with brim
- Stocking cap and gloves
- Long underwear, top and bottom
- Gaiters (shin height, not ankle)

## Personal Items:

- Small pocketknife
- Matches or lighter
- Flashlight or headlamp and extra batteries
- Compass
- Bandanas (at least one)
- Whistle

- Toothbrush and paste
- Biodegradable soap
- Small camp towel
- Sunglasses
- Sunscreen and lip balm
- Personal first aid kit

## Optional Items:

- Camera
  - Lightweight shoes for camp
  - Foot powder
  - Watch
  - Fishing equipment and license if required
  - Note pad and pen
  - Money for Trading Post
- NO radios, electronic games, Ipods, etc.*

## Equipment Issued by Tahosa

- Stoves
- Fuel bottles and fuel
- Water filters
- Repair kits
- Cooking kits and utensils
- Hot pot tongs
- Latrine shovel
- Plastic trash bags
- Dish soap, scrub pans
- Plastic strainer
- Rubber scraper
- Water purification chemicals
- Toilet paper
- Bear Bag and rope
- Maps
- Food
- Collapsible water container
  - o (2-1½ - 2 gal each)
- First aid kit
- Spices for cooking

**Damage to equipment:** Equipment issued by Tahosa is the responsibility of that unit. In the case of damage to this equipment, the unit is responsible for paying for repairs or replacement.

# Trek Leadership Structure

**Youth Trek Leader:** Designed to develop the leadership skills of youth in the Scouting program. The youth crew leader will be responsible for organizing the trek, assigning duties, and making overall decisions with the input of the trek participants and the advisement of the adult leader and backcountry guide. They will be expected to establish a duty roster, manage “smellables” in camp, provide simple conflict resolution, delegate responsibilities, and interact with adult leaders and backcountry guide.

**Adult Trek Advisors:** With the advice of the backcountry guide, the adult trek advisors will be responsible for the safety and well-being of all crew members. The more capable the youth crew leader, the more the adult trek advisors should remain in the background. This is used if an adult is on the trek.

**Backcountry Guide:** (Provided by Tahosa) Acts as a resource for the youth trek leader and adult trek advisors, serving as a teacher and coach. All guides are 18 or older and are trained in low impact camping, navigation, safety and wilderness emergency situations. The backcountry guide will advise the youth crew leader on the route and travel plans. In emergency situations, the backcountry guide is the final decision maker.

By using these three levels of leadership, it is our goal to provide a safe backcountry experience, but one in which everyone will have an opportunity to grow their leadership and camping skills.

## Trek Preparation

Any trek into the Colorado Mountains is physically demanding due to the combination of a high starting altitude, reduced oxygen, and elevation gains and losses. The trails are steep and rocky, with elevation gains of over 1,000 feet. When summiting peaks, elevation gain may be significantly higher. Factor a pack weight of 50-60 pounds, and the trip becomes even more intense.

*The time to get in shape for your trek is now, months in advance.* All participants need to begin a regular aerobic fitness program at least two months before participating in any Tahosa or Alpine Adventure Trek. Exercise for at least 30 minutes at intensities that raise your heart rate to about 75% of your maximum. Please consult your doctor before beginning an exercise program. Keep in mind that Camp Tahosa sits just below 9,000 feet above sea level, and rarely will the trail drop below this height. Many treks will travel as high as 12,500 feet above sea level.

The best preparation is to hike with a loaded pack. Begin with shorter, flatter hikes, and a light pack. Strive to work up to 8 miles on steep terrain with a 40-pound pack. Carry the pack and break in the boots you plan on using on the trek. Hike together with your troop or crew to build relationships along with your strength and endurance.

### A month or so before scheduled camp dates:

1. Distribute health forms.
2. Collect final payments.
3. Organize a gear list and assign unit gear.
4. Schedule a weekend trip of about 10-15 miles.
5. Select a youth leader for your trek.
6. Insure adult leaders have the necessary Youth Protection, CPR, and First Aid training. Wilderness First Aid Trained if possible.



**A few days before camp:**

1. Hold inspection of personal packs and crew gear.
2. Final check on transportation: going and returning.
3. Inform Scouts of practices and rules while attending treks. Clarify crew's rules on good behavior and expectations.
4. Finalize departure location and time.
5. Collect and carefully review all participants' health forms.
6. Distribute contact names and numbers, as well as the trip plan to parents.

**The day you leave for Camp Tahosa:**

1. Secure missing gear from pack inspection.
2. Collect missing health forms.
3. Label all medications with name and unit number in accordance to instructions on the health form before coming to camp.

**Unit Equipment and Personal Gear**

Units arriving at Camp Tahosa must be prepared for a mountaineering experience. Depending on the time of the season, expect anything from 8 feet of snow to 80° weather. It is important to ensure your unit comes prepared so they can fully enjoy a mountaineering adventure. It is highly recommended to call Tahosa at 303.440.4040 a week or two before arriving at camp to check on snow and weather conditions in the backcountry.

It is imperative to bring EVERYTHING on the list. Some items might not be used on the trip depending on your unit's trek and current weather conditions. It is still necessary to bring everything to ensure your ability to adapt to the climate and changing weather conditions. If you do not have the proper equipment, contact Camp Tahosa (camp.tahosa@scouting.org) to see if they can loan/rent it out upon your arrival.



# **Alpine Adventure at Tahosa High Adventure Base**



## Alpine Adventure Information

Alpine Adventure programs provide a true backpacking experience where participants prepare and pack in all their own meals, select their own campsites, endure all types of weather, terrain, and practice extreme Leave No Trace and the Outdoor Code. Additionally, all participants learn about backpacking basics, including required gear, packing a backpack, clothing and footwear choices, map reading and routes, pacing, selecting a campsite, weather, and emergency procedures. At the end of the program, participants will have the skills and confidence to tackle larger trips like Philmont, or return to the troop to help prepare younger Scouts for similar experiences. **All participants MUST adhere to the REQUIRED Gear List found later in this Guide. NO TENNIS SHOES!!! If you do not have hiking boots you will not be able to attend and there is NO REFUND.**

**Alpine Adventure** is 5-day, 4-night trip designed for troops and crews with moderate to advanced backpacking skills. This mountaineering adventures take place in the high country of Colorado, utilizing terrain in the Indian Peaks Wilderness, James Peak Wilderness, Roosevelt National Forest, and Rocky Mountain National Park. Alpine Adventure is limited to 12 people per trek due to restrictions dictated by backcountry permits. There are 2-treks per week and Tahosa has 3-Trek Guides for slated this program. Depending on how the first unit that signs up for a trek will depend on the requirements for the second group. If a troop signs up and **NO** adults are attending then 2-Trek Guides will be assigned to the group. This group would will consist of 10 youth and 2-Trek Guides making a group of 12. The second group will then have at least **1**-adult for the group to assign up for an Alpine Trek. The combination of this trek would be 10 youth, 1 adult, and 1 Trek Guide. Due to the necessary physical strength and skills needed to conquer the strenuous challenges of the terrain, **all participants must be at least 13 years old by June 1 of the year of participation. NO EXCEPTIONS! All participants MUST adhere to the REQUIRED Gear List found later in this Guide. NO TENNIS SHOES!!! If you do not have hiking boots you will not be able to attend and there is NO REFUND.** Participant will then stay in camp.

### Alpine Adventure Route Information

**June** hikes are about 20-35 miles in length due to the snow conditions. Treks will be using snowshoes and camping on possible snow fields. During this trek, a Scouts learn how to **glissade**, which is a control slide down a snow field using an ice axe. Troops that had trekked with us during this time of the year said it was a great experience and not one that is often offered to Scouts.

**July** are about 35-40 miles in length and include various elevation changes between 8,000 and 13,000 feet. Please note that Tahosa uses the elevation formula which makes the hikes equivalent to a 50-mile hike. Primary routes travel through the Indian Peaks Wilderness Area, James Peak Wilderness, and Roosevelt National Forest. Routes are established by permits but may be slightly modified to match the characteristics, experience, and goals of each crew during their pre-trek assessment. Due to snow conditions, early treks may not reach the highest elevations.

The U.S. Forest Service issues backcountry permits to Camp Tahosa on January 1st of each year, and while the Alpine Director will do their best to match each trek with their desired route, **specific routes cannot be requested.** The map used by Tahosa and Alpine Adventure Treks is the National Geographic “Indian Peaks/Gold Hill” for Colorado, USA; Map #102 (available at any outdoor store or Ranger District).



## Alpine Adventure Reservations

Reservations for Alpine Adventure are accepted for groups no larger than 11 participants in addition 1 trek guide. There are 2 treks offered each week except for the July 23-28. Combinations of 10 youth, 1 adults and 1 Trek Guide or 10 Scouts and 2 Trek Guides. This is a **separate reservation form** as Alpine Adventure is separate from EaglePoint and Tahosa Trek. The cost for Alpine Adventure is \$385.00 per participant.

### Dates for Alpine Adventure-there are 2 treks per week

Session 1: June 17-23

Session 2: June 24-30

Session 3: July 1-7

Session 4: July 8-14

Session 5: July 15-21

Session 6: July 22-28 (Only 1 trek with an adult is offered this week.)

## Alpine Adventure Schedule

### Sunday

1:00 pm Check-in (Welcome Center)  
 2:00 pm Orientation and Gear Shakedown  
 ▪ Bring full pack  
 ▪ Team gear issued/divided  
 3:30 pm Team Building Activities  
 5:00 pm Free Time/Journaling  
 6:00 pm Flags (Wear field uniform)  
 6:15 pm Dinner (Dining Hall)  
 7:15 pm Emergency Siren and Safety  
 7:30 pm Chapel Service  
 8:30 pm Opening Campfire  
 10:00 pm Lights Out

### Monday

6:45 am Flags  
 7:00 am Breakfast (Dining Hall)  
 8:30 am Food Handouts/Final Preparations  
 8:45 am Hit the Trail!

### Tuesday-Thursday

All Day Trek

### Friday

11:00 am Return to camp  
 • Gear cleaning & check in  
 12:30 Lunch  
 • Finish Gear cleaning, Check in & put away  
 • Shower  
 3:30 COPE



# Trek Leadership Structure

**Youth Trek Leader:** Designed to develop the leadership skills of youth in the Scouting program. The youth crew leader will be responsible for organizing the trek, assigning duties, and making overall decisions with the input of the trek participants and the advisement of the adult leader and backcountry guide. They will be expected to establish a duty roster, manage “smellables” in camp, provide simple conflict resolution, delegate responsibilities, and interact with adult leaders and backcountry guide.

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9. Organize a gear list and assign unit gear.
10. Schedule a weekend trip of about 10-15 miles.
11. Select a youth leader for your trek.
12. Insure adult leaders have the necessary Youth Protection, CPR, and First Aid training. Wilderness First Aid Trained if possible.



**A few days before camp:**

7. Hold inspection of personal packs and crew gear.
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9. Inform Scouts of practices and rules while attending treks. Clarify crew's rules on good behavior and expectations.
10. Finalize departure location and time.
11. Collect and carefully review all participants' health forms.
12. Distribute contact names and numbers, as well as the trip plan to parents.

**The day you leave for Camp Tahosa:**

4. Secure missing gear from pack inspection.
5. Collect missing health forms.
6. Label all medications with name and unit number in accordance to instructions on the health form before coming to camp.

**Unit Equipment and Personal Gear**

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It is imperative to bring EVERYTHING on the list. Some items might not be used on the trip depending on your unit's trek and current weather conditions. It is still necessary to bring everything to ensure your ability to adapt to the climate and changing weather conditions. If you do not have the proper equipment, contact Camp Tahosa (camp.tahosa@scouting.org) to see if they can loan/rent it out upon your arrival.



## Required Individual Gear for Alpine Adventure

\*Tahosa has limited availability to borrow

### Required Items:

- Tent (suitable for backpacking) \*
- Backpack with hip belt (4,500-6,000 cu. in.)\*
- Pack cover (trash bag is not an ok alt.)
- Sleeping bag (appropriate for 20 degrees or below)
- Sleeping clothes
- Sleeping pad\*
- Bowl, spoon, cup for eating
- 2 or 3 one-quart water bottles
- Stuff sacks

### Required Clothing (non-cotton):

- Hiking boots, well broken in **NO TENNIS SHOES**
- 2 pair of wool hiking socks
- 3 pair of lighter inner liners (polypro)
- 3 changes of underwear
- Hiking shorts
- Hiking pants
- 1 long sleeve shirt
- 2 short sleeve shirts
- Lightweight jacket or fleece
- Sturdy rain jacket (no ponchos)
- Sturdy rain pants (snow pants in early season)
- Hat or cap with brim
- Stocking cap and gloves
- Long underwear, top and bottom
- Gaiters (shin height, not ankle)

### Personal Items:

- Small pocketknife
- Matches or lighter
- Flashlight or headlamp and extra batteries
- Compass
- Bandanas (at least one)
- Whistle

- Toothbrush and paste
- Biodegradable soap
- Small camp towel
- Sunglasses
- Sunscreen and lip balm
- Personal first aid kit

### Optional Items:

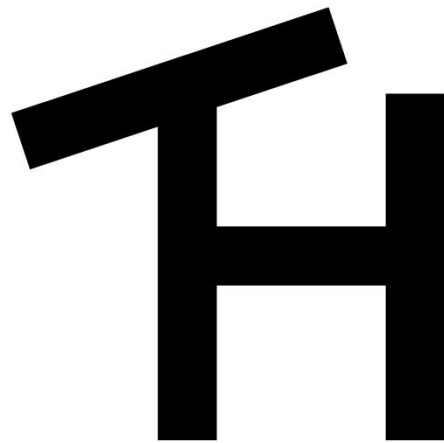
- Camera
  - Lightweight shoes for camp
  - Foot powder
  - Watch
  - Fishing equipment and license if required
  - Note pad and pen
  - Money for Trading Post
- NO radios, electronic games, Ipods, etc.*

### Equipment Issued by Tahosa

- Stoves
- Fuel bottles and fuel
- Water filters
- Repair kits
- Cooking kits and utensils
- Hot pot tongs
- Latrine shovel
- Plastic trash bags
- Dish soap, scrub pans
- Plastic strainer
- Rubber scraper
- Water purification chemicals
- Toilet paper
- Bear Bag and rope
- Maps
- Food
- Collapsible water container
  - o (2-1½ - 2 gal each)
- First aid kit
- Spices for cooking

**Damage to equipment:** Equipment issued by Tahosa is the responsibility of that unit. In the case of damage to this equipment, the unit is responsible for paying for repairs or replacement.

# **Additional Resources and Forms**





## ***Unit Leader Check List:***

**Please bring to camp these required forms and have ready upon check-in at camp**

- Health Forms A, B, & C for all participants.
  - Copies of all forms to keep (cannot be made at camp and forms are not returned.)
  
- Colorado Addendum 1 for all participants 17 years of age and younger.
  
- Copy of Personal Insurance Card for each participant.
  
- Routine Drug Administration Form (for all participants taking any type of medication)
  
- Colorado Addendum 2 for Self-Carry Medications for youth.  
(See website)
  
- Unit Roster
  
- Adult Leader Roster
  
- Swimming Classification Record (if completed prior to the start of camp)
  
- Adult Volunteer Reference Form (This form **MUST** be filled out for any adult 18 and older that is on property over 24 hours)
  
- Dietary Restrictions submitted online 2 weeks in advance.

## Swim Classification Procedures

The swim classification of individuals participating in a Boy Scouts of America activity is a key element in both Safe Swim Defense and Safety Afloat. The **swim classification tests should be renewed annually**, preferably at the beginning of each outdoor season. Traditionally, the swim classification test has only been conducted at a long-term summer camp. However, there is no restriction that this is the only place the test is conducted. It may be more useful to conduct the swim classification prior to a unit going to summer camp.

All persons participating in BSA aquatics are classified according to swimming ability. The classification tests and test procedures have been developed and structured to demonstrate a skill level consistent with the circumstances in which the individual will be in the water. The Swimmer's Test demonstrates the minimum level of swimming ability for recreational and instructional activity in a confined body of water with a maximum 12-foot depth and with shallow water footing or a pool or pier edge always within 25 feet of the swimmer.

The various components of each test evaluate the several skills essential to the minimum level of swimming ability. Each step of the test is important and should be followed as listed below:

**SWIMMER'S TEST (Blue Swimmer):** Jump feet first into water over the head in depth, level off, and begin swimming. Swim 75 yards in a strong manner using one or more of the following strokes: side stroke, breast stroke, trudgen, or crawl; then swim 25 yards using an easy resting backstroke. The 100 yards must be swum continuously and include at least one sharp turn. After completing the swim, rest by floating for 1 minute.

**BEGINNER'S TEST (Red Swimmer):** Jump feet first into water over the head in depth, level off, swim 25 feet on the surface, stop, turn sharply, resume swimming as before, and return to starting place.

Any Scout participating in an aquatic merit badge must be a **Blue Swimmer. No exceptions!**

### Administration of Swim Classification Test

#### **(THE UNIT CHOOSES ONE OF THESE OPTIONS):**

If you choose option B or C please bring these records to camp or the Scouts and Scouters will have to retake the swimming test. **Appendix 1-Denver Area Council Swimming Classification Record.**

**OPTION A (at camp):** The swim classification test is completed the first day of camp by Camp Aquatics personnel. Camp Tahosa would highly recommend that you complete the swimming classification test through Option B or C since the lake is a tempered 55-60 degrees (if you are lucky)

**OPTION B (Council conducted/council controlled):** The council controls the swim classification process by predetermined dates, locations and approved personnel to serve as aquatics instructors. When the unit goes to a summer camp, each individual will be issued a buddy tag under the direction of the Camp Aquatics Director for use at the camp.

**OPTION C (At unit level with council-approved aquatics resource people):** The swim classification test done at a unit level should be conducted by one of the following council-approved resource people: Aquatics instructor, BSA; Aquatics Supervisor; BSA Lifeguard; certified lifeguard; swimming instructor; or swim coach. When the unit goes to a summer camp, each individual will be issued a buddy tag under direction of the Camp Aquatics Director for use at the camp

## Denver Area Council Swim Classification Record

Unit \_\_\_\_\_

Date of Test \_\_\_\_\_

Full Name	Swim Classification		
	Non-Swimmer	Beginner	Swimmer
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
11.			
12.			
13.			
14.			
15.			
16.			
17.			
18.			
19.			
20.			
21.			
22.			
23.			
24.			
25.			

Name of Person Conducting Swim Test: \_\_\_\_\_ Certification: \_\_\_\_\_

Name \_\_\_\_\_ Signature \_\_\_\_\_

**Unit Leader**

Name \_\_\_\_\_ Signature \_\_\_\_\_

To expedite check in, use this form to record an individual's swim classification status as defined by the Guide to Safe Scouting (#34416D). Any change in status after this date would require a reclassification test by the Camp Aquatics Director. Please note that the Aquatics Director shall, at all times, reserve the authority to review or retest any or all of the individuals to assure that Standards have been maintained.

# *EaglePoint Menu*

## *\*Subject to Change\**

Day:			
	<b>BREAKFAST</b>	<b>LUNCH</b>	<b>DINNER</b>
<b><u>SUNDAY:</u></b>			<u>Italian Night</u> Pizza, spaghetti, meatballs Caesar salad, Sundae (after chapel) <b>Salad and Fruit Bar</b>
<b><u>MONDAY:</u></b>	<b><u>Breakfast Burritos</u></b> Eggs, cheese, salsa, Hash brown, sausage, milk, cereal, hot chocolate, and juice <b>Fruit Bar</b>	<b><u>BBQ Riblet Sandwich</u></b> Bun, Riblet, tangy gold BBQ sauce, corn on the cob  <b>Salad and Fruit Bar</b>	<b><u>Sliced Turkey (Pre-cooked)</u></b> Mashed potatoes & gravy roasted carrots rolls Yellow Cake <b>Salad and Fruit Bar</b>
<b><u>TUESDAY:</u></b>	<b><u>French Toast</u></b> Texas toast, butter, syrup, sausage links, scrambled eggs, milk, cereal, hot chocolate, and juice  <b>Fruit Bar</b>	<b><u>Mac and Cheese</u></b> Macaroni cheese bacon cornbread  <b>Salad and Fruit Bar</b>	<b><u>Chicken Fajitas</u></b> Chicken, onions, green peppers, cheese, sour cream, Spanish rice, pinto beans Chocolate cake <b>Salad and Fruit Bar</b>
<b><u>WEDNESDAY:</u></b>	<b><u>Tahosa McMuffin</u></b> sausage patty, hash browns, scrambled eggs, Cereal, Milk, hot chocolate, and juice  <b>Fruit Bar</b>	<b><u>Sub Sandwiches</u></b> Hoagie roll, turkey, ham, cheeses, lettuce, tomatoes, pickles chips, carrots, celery sticks cookies <b>Salad and Fruit</b>	<b><u>Ham Dinner (Pre-cooked)</u></b> Ham mashed potatoes/gravy green beans, cornbread Strudel Cake  <b>Salad and Fruit Bar</b>
<b><u>THURSDAY:</u></b>	<b><u>Pancakes and Eggs</u></b> Pancakes, syrup, Scrambled Eggs, Bacon, Cereal, Milk, hot chocolate, and juice <b>Fruit Bar</b>	<b><u>Grilled Ham and Cheese</u></b> Bread, ham and cheese tomato soup potato chips  <b>Salad and Fruit Bar</b>	<b><u>Chicken Pattie Parmesan</u></b> Chicken Pattie marinara sauce, mozzarella cheese, canned corn Chocolate cake <b>Salad and Fruit Bar</b>
<b><u>FRIDAY:</u></b>	<b><u>Bagel Sandwiches</u></b> Bagel, Egg, Cheese, Sausage Patty, Cereal, hot chocolate, and juice  <b>Fruit Bar</b>	<b><u>Taco Salad</u></b> Meat, lettuce, tomato, onion, tortilla chips, salsa, beans, cheese, sour cream, Spanish Rice, Fiesta Corn <b>Salad and Fruit Bar</b>	<b><u>BBQ Night</u></b> Bun, hamburger, hotdog, macaroni salad, baked beans, French fries, Ice Cream Sandwich <b>Salad and Fruit Bar</b>
<b><u>SATURDAY:</u></b>	<b><u>Continental Breakfast</u></b> Cereal, Bagels, Cream Cheese, Muffins, Danishes, <b>Fruit Bar</b>		**Subject to change**

Use this link to use a fillable PDF, then print it out.

<https://www.scouting.org/filestore/healthsafety/pdf/routinedrugadministrationrecordrevised2011.pdf>

## Routine Drug Administration Record

Name: \_\_\_\_\_ Campsite: \_\_\_\_\_

Troop No.: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Classification: \_\_\_\_\_

Drug hypersensitivity: \_\_\_\_\_ Weight: \_\_\_\_\_

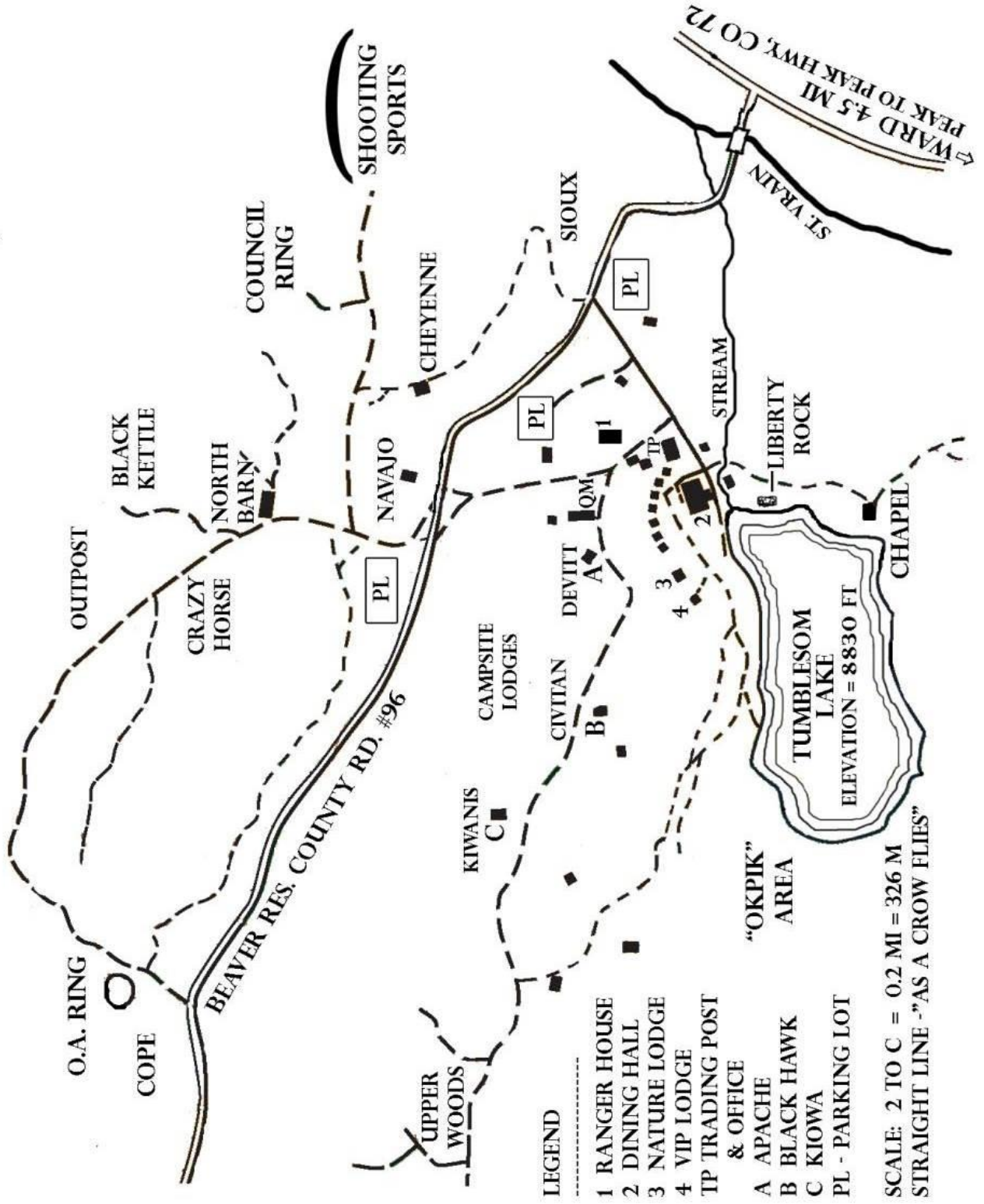
<p>Prescribing Physician: _____                  Medications: _____ Rx: No Yes Number(s): _____                  Date filled: _____                  Dosage: _____                  Route: P.O. I.M. S.C. S.I. Topical Inhalation Rectal                  Times: PRN Daily BID TID QID AC PC HS                  Amount in bottle: _____                  Comments: _____</p>	<p>Prescribing Physician: _____                  Medications: _____ Rx: No Yes Number(s): _____                  Date filled: _____                  Dosage: _____                  Route: P.O. I.M. S.C. S.I. Topical Inhalation Rectal                  Times: PRN Daily BID TID QID AC PC HS                  Amount in bottle: _____                  Comments: _____</p>	<p>Prescribing Physician: _____                  Medications: _____ Rx: No Yes Number(s): _____                  Date filled: _____                  Dosage: _____                  Route: P.O. I.M. S.C. S.I. Topical Inhalation Rectal                  Times: PRN Daily BID TID QID AC PC HS                  Amount in bottle: _____                  Comments: _____</p>	<p>Prescribing Physician: _____                  Medications: _____ Rx: No Yes Number(s): _____                  Date filled: _____                  Dosage: _____                  Route: P.O. I.M. S.C. S.I. Topical Inhalation Rectal                  Times: PRN Daily BID TID QID AC PC HS                  Amount in bottle: _____                  Comments: _____</p>																																																																								
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**Instructions:** Sheet is for reproduction as needed; it should be three-hole punched and kept in a binder during camp week. Use one sheet for each camper with a prescription. Record all medicines brought to camp (up to six medications to a sheet). The medication, dosage, and dosage schedule should be copied from the prescription. Record dispensing times and days in the blocks provided for each medication as they are dispensed daily. After camp week, place sheet(s) inside the first aid log.



# CAMP TAHOSEA

DENVER COUNCIL, BSA  
Roosevelt National Forest, Colorado



**EVERY ADULT LEADER ATTENDING CAMP TAHOSA SUMMER CAMP  
MUST COMPLETE THIS LEADER'S REFERENCE FORM:**

PURSUANT TO: COLORADO DEPARTMENT OF HUMAN SERVICES,  
MINIMUM RULES AND REGULATIONS FOR CHILDREN'S CAMPS  
GENERAL REQUIREMENTS FOR ALL PERSONNEL 7.711.21D & GENERAL RULES 7.701.53A

LEADER'S NAME: \_\_\_\_\_ TROOP NUMBER: \_\_\_\_\_

COUNCIL \_\_\_\_\_ DATE ATTENDING CAMP: \_\_\_\_\_

**THIS FORM IS TO BE FILLED OUT BY ANY ADULT WHO WILL BE SPENDING A NIGHT AT CAMP TAHOSA DURING OUR SUMMER CAMPING SEASON.**

**1 – ROLE OF THE UNIT LEADER/ADULT IN CAMP:**

It is the role of the unit leader/adult to supervise and monitor the youth in their unit. Unit leaders shall not have any other duties that would detract from the responsibility of service as a leader.

**2 – CHARGES OR CONVICTIONS:**

Have you ever been charged with or convicted of any charge of child abuse or neglect, unlawful sexual offense, or any felony?

Circle one    YES    NO

**3 – UNDERSTANDING & REPORTING OF CHILD ABUSE:**

Child abuse consists of a wide variety of different problems. Usually these are categorized as *physical abuse*, *emotional abuse*, *sexual abuse* and *neglect*. Physical abuse is the injury of the child by other than accidental means. Emotional abuse is the constant belittling, criticizing, yelling at and verbal tearing down of the child. Sexual abuse is any sexual activity between a child and an adult, or sexual activity involving children in which the age, size or other power factors between the participants is unequal. Child neglect is failure to provide necessary nurturance when resources are available to do so.

Under the "Child Protection Act of 1987" (C.R.S. 19-3-301) in the Colorado Children's Code, leaders are required to report suspected child abuse or neglect. The law at 19-3-304 states that if a leader has "reasonable cause to know or suspect that a child has been subjected to abuse or neglect or who has observed the child being subjected to circumstances or conditions which would reasonably result in abuse or neglect shall immediately report" such information to the Camp Director. It is not the leader's role to investigate suspected abuse – only to report it. Persons who make a good faith report are immune from civil and criminal liability. Additionally, the law provides for the protection of the identity of the reporting party.

A leader who fails to report suspected child abuse or neglect commits a class 3 misdemeanor and will be punished as provided in section 18-1-106, C.R.S.

I have read and understand the above requirements concerning my responsibility regarding child abuse reporting, and my Role of the unit leader/adult in Camp.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**4 – CHARACTER REFERENCE #1:**

This section to be completed by an individual who knows the adult and who can provide a frank evaluation of the adult’s suitability in working with children during a week-long camp.

CIRCLE THE WORD THAT BEST DESCRIBES THE ADULT LEADER

ATTITUDE:	Enthusiastic	Positive	Acceptable	Negative
COMMON SENSE:	Always Sound	Usually Sound	Needs Direction	None
INTEGRITY:	Trustworthy	Usually Reliable	Lacking	

WOULD YOU TRUST THE CARE OF YOUR CHILD WITH THIS PERSON? YES NO

I RECOMMEND THIS PERSON AS AN ADULT LEADER: YES NO

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Printed Name \_\_\_\_\_ Telephone: \_\_\_\_\_

**5 – CHARACTER REFERENCE #2:**

This section to be completed by an individual who knows the adult and who can provide a frank evaluation of the adult’s suitability in working with children during a week-long camp.

CIRCLE THE WORD THAT BEST DESCRIBES THE ADULT LEADER

ATTITUDE:	Enthusiastic	Positive	Acceptable	Negative
COMMON SENSE:	Always Sound	Usually Sound	Needs Direction	None
INTEGRITY:	Trustworthy	Usually Reliable	Lacking	

WOULD YOU TRUST THE CARE OF YOUR CHILD WITH THIS PERSON? YES NO

I RECOMMEND THIS PERSON AS AN ADULT LEADER: YES NO

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Printed Name \_\_\_\_\_ Telephone: \_\_\_\_\_

**6 – CHARACTER REFERENCE #3:**

This section to be completed by an individual who knows the adult and who can provide a frank evaluation of the adult’s suitability in working with children during a week-long camp.

CIRCLE THE WORD THAT BEST DESCRIBES THE ADULT LEADER

ATTITUDE:	Enthusiastic	Positive	Acceptable	Negative
COMMON SENSE:	Always Sound	Usually Sound	Needs Direction	None
INTEGRITY:	Trustworthy	Usually Reliable	Lacking	

WOULD YOU TRUST THE CARE OF YOUR CHILD WITH THIS PERSON? YES NO

I RECOMMEND THIS PERSON AS AN ADULT LEADER: YES NO

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Printed Name \_\_\_\_\_ Telephone: \_\_\_\_\_

# **Need gear for EaglePoint, Tahosa Trek or Alpine Adventure?**

Don't waste money for items that will only be used once or twice!

**Check out the Colorado Adventure Point Gear Reserve to rent equipment for camp!**

Gear such as backpacks, sleeping bags and tents are just a few of the items that can be rented!

**Call 720-266-2179**

or email Lenny at [lenny.yurgin@scouting.org](mailto:lenny.yurgin@scouting.org)!





BOY SCOUTS  
OF AMERICA®

DENVER AREA COUNCIL

Denver Area Council, BSA  
10455 W. 6<sup>th</sup> Avenue, Suite 100  
Denver, CO 80215

303.455.5522 - Office  
720.266.2111 - Camping Department  
720.266.2183 - Fax  
[camping@denverboyscouts.org](mailto:camping@denverboyscouts.org)